
Individual Meet Results
West Wales Sub Regional Competition 2015 27-Nov-15 to 29-Nov-15 [Ageup: 31/12/2015] SC Meters
Location: Haverfordwest Leisure Centre
Milford Haven Swim Squad [MILY]

Time	F/P/S	Event	Place	Points	Improv
Sam Beegan (10) M					
45.90S	F # 3A	Male 10-10 50 Free	13	---	-4.28
4:22.97S	DQ F # 5A	Male 10-10 200 IM	---	---	---
56.61S	F # 11A	Male 10-10 50 Breast	9	---	-2.44
2:00.86S	F # 17A	Male 10-10 100 Back	9	---	-5.33
51.62S	F # 21A	Male 10-10 50 Back	9	---	-4.59
4:23.15S	F # 25A	Male 10-10 200 Breast	10	---	-1.81
4:08.05S	F # 34A	Male 10-10 200 Back	7	---	---
2:02.79S	F # 38A	Male 10-10 100 Breast	12	---	-3.52
Tom Beegan (14) M					
31.20S	F # 3E	Male 14-14 50 Free	5	4	-2.87
2:51.90S	F # 5E	Male 14-14 200 IM	7	---	2.32
39.07S	F # 11E	Male 14-14 50 Breast	5	---	-8.83
1:24.57S	F # 15B	Male 14-14 100 Breast	4	---	-2.28
3:46.11S	F # 19B	Male 14-14 200 Fly	2	---	---
5:21.25S	F # 23E	Male 14-14 400 Free	5	---	-54.43
1:09.02S	F # 27B	Male 14-14 100 Free	7	---	0.31
6:22.80S	F # 30E	Male 14-14 400 IM	3	---	-44.18
2:30.36S	F # 36B	Male 14-14 200 Free	5	---	-28.95
2:59.31S	F # 45B	Male 14-14 200 Breast	4	---	-32.09
Jamie Bowles (10) M					
45.90S	F # 3A	Male 10-10 50 Free	13	---	-4.42
3:46.84S	F # 5A	Male 10-10 200 IM	9	---	---
4:10.00S	F # 25A	Male 10-10 200 Breast	5	---	---
Matthew Cole (11) M					
41.24S	F # 3B	Male 11-11 50 Free	14	---	-5.40
3:56.66S	F # 5B	Male 11-11 200 IM	17	---	-27.46
53.36S	F # 11B	Male 11-11 50 Breast	7	---	-6.13
3:38.11S	F # 13B	Male 11-11 200 Free	11	---	-14.42
50.00S	F # 21B	Male 11-11 50 Back	11	---	-2.28
57.17S	F # 29B	Male 11-11 50 Fly	11	---	-3.16
Freya Dimond (10) F					
35.87S	F # 4A	Female 10-10 50 Free	4	---	-2.67
1:36.94S	F # 8A	Female 10-10 100 Fly	2	---	-7.72
49.80S	F # 12A	Female 10-10 50 Breast	6	---	1.44
2:58.22S	F # 14A	Female 10-10 200 Free	4	---	-7.53
43.35S	F # 22A	Female 10-10 50 Back	2	---	-0.77
44.22S	F # 28A	Female 10-10 50 Fly	3	---	-19.13
3:14.92S	F # 31A	Female 10-10 200 IM	2	---	-3.64
1:42.74S	F # 39A	Female 10-10 100 Breast	1	---	-4.42
3:43.64S	F # 44A	Female 10-10 200 Fly	1	---	-6.34

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Katie Doughty (10) F					
37.66S	F # 4A	Female 10-10 50 Free	11	---	-0.09
52.24S	F # 12A	Female 10-10 50 Breast	14	---	-0.98
3:05.18S	F # 14A	Female 10-10 200 Free	7	---	0.99
44.57S	F # 22A	Female 10-10 50 Back	6	---	-6.86
3:58.92S	F # 24A	Female 10-10 200 Breast	9	---	-2.77
44.96S	F # 28A	Female 10-10 50 Fly	4	---	-1.43
3:24.17S	F # 31A	Female 10-10 200 IM	5	---	-2.61
1:50.99S	F # 39A	Female 10-10 100 Breast	9	---	0.71
1:23.78S	F # 48A	Female 10-10 100 Free	6	---	-0.62
Hadyn Gough (11) M					
39.31S	F # 3B	Male 11-11 50 Free	11	---	-3.47
3:35.57S	F # 5B	Male 11-11 200 IM	13	---	-12.22
2:19.26S	F # 7B	Male 11-11 100 Fly	9	---	1.24
53.58S	F # 11B	Male 11-11 50 Breast	8	---	-5.73
3:16.92S	F # 13B	Male 11-11 200 Free	9	---	-1.90
1:38.68S	DQ F # 17B	Male 11-11 100 Back	---	---	---
48.02S	F # 21B	Male 11-11 50 Back	8	---	0.89
4:02.85S	F # 25B	Male 11-11 200 Breast	8	---	-62.96
1:01.70S	F # 29B	Male 11-11 50 Fly	12	---	8.25
3:20.06S	F # 34B	Male 11-11 200 Back	7	---	-19.35
1:55.37S	F # 38B	Male 11-11 100 Breast	12	---	-1.26
NS	F # 47B	Male 11-11 100 Free	---	---	---
Kate Huddy (11) F					
42.53S	F # 4B	Female 11-11 50 Free	20	---	-1.27
51.90S	F # 28B	Female 11-11 50 Fly	14	---	-2.25
Rachel Mayled (14) F					
NS	F # 20B	Female 14-14 200 Fly	---	---	---
NS	F # 22E	Female 14-14 50 Back	---	---	---
NS	F # 28E	Female 14-14 50 Fly	---	---	---
NS	F # 33B	Female 14-14 100 Fly	---	---	---
NS	F # 40E	Female 14-14 400 Free	---	---	---
Jessica Sandy (10) F					
42.13S	F # 4A	Female 10-10 50 Free	26	---	-2.03
53.71S	F # 12A	Female 10-10 50 Breast	19	---	-3.69
3:47.87S	F # 14A	Female 10-10 200 Free	29	---	-4.82
46.42S	F # 28A	Female 10-10 50 Fly	5	---	-0.93
3:51.09S	F # 31A	Female 10-10 200 IM	16	---	-14.19
1:53.43S	F # 39A	Female 10-10 100 Breast	13	---	-8.68
1:36.24S	F # 48A	Female 10-10 100 Free	22	---	-6.91
Bethan Wheeler (12) F					
34.26S	F # 4C	Female 12-12 50 Free	8	---	-0.79
1:39.55S	F # 8C	Female 12-12 100 Fly	10	---	-2.82
2:43.49S	F # 14C	Female 12-12 200 Free	4	---	-4.80
1:25.46S	F # 18C	Female 12-12 100 Back	5	---	0.03
41.43S	F # 28C	Female 12-12 50 Fly	6	---	-0.23
3:07.90S	F # 31C	Female 12-12 200 IM	10	---	-1.09
1:16.46S	F # 48C	Female 12-12 100 Free	13	---	-0.73

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Beau Yeomans (10) F					
49.31S	F # 12A	Female 10-10 50 Breast	4	---	-3.05
2:51.05S	F # 14A	Female 10-10 200 Free	1	---	-8.31
1:32.44S	F # 18A	Female 10-10 100 Back	4	---	0.55
3:10.37S	F # 31A	Female 10-10 200 IM	1	---	-7.88
1:45.45S	F # 39A	Female 10-10 100 Breast	4	---	-5.58
1:18.11S	F # 48A	Female 10-10 100 Free	1	---	-9.66