

## Pembrokeshire County Championships 2023 - 21/10/2023 to 22/10/2023

Sanction #: 3WL231394

## Results - Session 2 (Warmup 11.30 - 12.20)

Event 201 Girls 9-12 400 SC Meter Freestyle					Event 201 Women 15 & Over 400 SC Meter Freestyle				
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time	
1	Galdes-Cutting, Daisy	12	HAVY	4:54.88	5	Koo, Kathryn	14	TENY	5:20.73
	33.20	37.13	37.57	37.62		35.22	39.11	40.77	40.98
	37.72	37.71	37.53	36.40		41.08	41.02	42.33	40.22
2	Dash, Amelie	11	MILY	5:18.90	6	Thompson, Freya	13	HAVY	5:24.95
	36.04	39.70	40.81	41.24		36.48	40.50	41.86	41.91
	40.94	41.42	40.43	38.32		41.65	41.49	41.46	39.60
3	Hall, Ellena	12	FISY	5:33.55	7	Mason, Phoebe	13	HAVY	5:32.85
	37.86	40.68	41.57	42.34		35.24	40.60	43.17	41.83
	42.79	43.05	43.22	42.04		43.14	43.30	42.66	42.91
4	Hall, Isabelle	12	FISY	5:51.24	8	Stark, Tala	13	FISY	5:39.31
	40.42	43.44	44.95	45.09		35.73	40.39	42.97	43.28
	45.02	45.75	44.77	41.80		43.70	44.52	45.40	43.32
5	McFarlane, Una	12	MILY	5:52.48	9	Bruce, Keira	13	PEMY	5:48.96
	40.31	45.32	45.38	45.57		38.35	42.41	45.14	46.10
	44.79	45.23	44.97	40.91		45.69	43.51	44.68	43.08
6	Davies, Elizabeth	10	TENY	5:53.12	10	Knight, Cerys	14	HAVY	6:19.09
	39.14	43.20	44.93	45.36		40.08	46.85	48.89	48.93
	45.87	45.82	45.72	43.08		49.32	48.84	48.73	47.45
7	Morgan, Lily	12	TENY	5:55.44	11	Murphy, Alys	14	HAVY	6:29.51
	40.03	44.02	44.84	46.26		42.50	48.20	50.27	50.25
	45.75	46.80	45.76	41.98		51.27	50.05	50.06	46.91
8	Griffiths, Amelia	12	FISY	6:08.40	<b>Event 201 Women 15 &amp; Over 400 SC Meter Freestyle</b>				
	41.18	46.25	46.47	46.98	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>	
	48.01	46.78	46.40	46.33	1	Webb, Saskia	16	HAVY	4:55.04
9	Griffiths, Ffion	12	TENY	6:23.70		33.64	37.39	38.09	37.95
	42.71	47.42	49.51	49.16		37.52	37.06	36.74	36.65
	49.94	49.68	48.62	46.66	2	Clissold, Elizabeth	17	TENY	4:56.41
10	Lewis, Evie	10	HAVY	6:34.30		32.95	36.97	38.05	37.70
	43.70	47.71	49.51	50.61		37.87	38.05	37.89	36.93
	50.78	50.81	52.01	49.17	3	Clapham, Rhiannon m	18	FISY	5:02.62
11	Graham, Fallon	11	TENY	6:36.04		32.77	37.64	38.52	38.71
	44.31	48.90	49.93	51.89		38.75	38.56	39.00	38.67
	51.21	51.47	50.80	47.53	4	Arnold, Lily	15	MILY	5:05.95
12	Morgan, Iolah	9	PEMY	6:59.16		33.81	37.95	38.53	38.83
	46.99	53.11	53.86	54.21		39.20	39.43	39.78	38.42
	53.08	54.85	53.53	49.53	5	Clissold, Bronwyn	15	TENY	5:08.05
13	Griffiths, Scarlet	11	HAVY	7:01.00		34.04	37.96	39.52	39.84
	47.70	49.87	53.65	54.63		39.08	39.47	39.56	38.58
	53.29	56.06	55.14	50.66	6	Kovachev, Georgie	16	FISY	5:09.35
14	Leane, Megan	11	HAVY	7:02.67		33.68	38.29	38.76	38.99
	45.05	51.95	53.55	52.48		39.75	40.29	40.08	39.51
	54.53	56.62	52.70	55.79	7	Rice, Lily	19	PEMY	5:10.04
<b>Event 201 Girls 13-14 400 SC Meter Freestyle</b>						36.26	38.99	39.67	39.52
<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>			39.13	39.45	38.83	38.19
1	Griffiths, Cerys	13	HAVY	4:36.92	8	White, Eleanor R	17	HAVY	5:11.83
	32.22	35.26	35.52	36.23		33.89	37.89	39.05	39.37
	35.01	35.10	34.20	33.38		40.21	40.80	41.12	39.50
2	Nichols, Grace	13	HAVY	4:58.50	9	Thomas, Rhian	15	HAVY	5:18.78
	32.97	36.26	37.21	38.27		36.73	41.11	41.53	42.32
	38.66	38.63	38.90	37.60		40.59	40.30	39.85	36.35
3	Bruce, Skye	14	PEMY	5:19.36	10	Peach, Eliza M	15	HAVY	5:41.70
	37.10	40.13	40.53	40.91		37.53	43.36	43.57	43.78
	40.55	40.60	40.41	39.13		43.98	43.51	43.36	42.61
4	Green, Matilda	14	HAVY	5:20.35	11	Phillips, Ellie R	16	HAVY	5:41.90
	37.12	39.93	39.88	41.84		35.74	41.55	43.82	44.54
	41.74	40.47	40.73	38.64		45.72	45.63	44.95	39.95

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Event 201 Boys 9-12 400 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Harwood, Jack	12	HAVY	5:51.74	
	39.46	44.20	44.87	44.93
	46.16	44.52	44.45	43.15
2 Thomas, Rhys	12	HAVY	6:05.56	
	40.24	46.30	46.42	46.62
	47.57	46.52	46.64	45.25
3 Smith, Jacob	11	HAVY	6:12.01	
	41.79	47.95	47.62	47.76
	47.66	47.18	47.06	44.99
4 Noden, Rory	11	MILY	6:16.17	
	42.51	48.09	48.15	48.67
	47.62	48.29	48.25	44.59
5 Weston, Ben	12	PEMY	7:30.06	
	48.24	58.60	57.01	59.68
	58.30	56.63	57.80	53.80

  

Event 201 Boys 13-14 400 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Bennett, Finley	14	HAVY	4:35.14	
	31.34	33.72	34.80	34.89
	35.12	35.37	35.46	34.44
2 Silverstone, Solomon	13	HAVY	4:42.47	
	31.01	35.23	35.80	36.57
	35.96	36.21	36.20	35.49
3 West, Dexter	14	FISY	4:49.04	
	33.06	36.81	37.56	37.20
	36.20	36.78	36.54	34.89
4 Morgan, Ben	13	PEMY	5:07.97	
	35.31	37.32	39.27	39.60
	39.13	39.93	39.50	37.91
5 Davies, Gethin	14	MILY	5:15.06	
	34.66	39.99	41.57	40.57
	41.69	40.70	39.08	36.80
6 Harris, Osian	14	FISY	5:30.50	
	36.79	40.85	42.21	41.68
	42.69	42.95	42.77	40.56
7 Jones, Jack	14	TENY	5:38.34	
	38.54	41.92	43.35	43.69
	44.53	43.75	43.22	39.34
8 Harris, Toby	13	PEMY	5:48.42	
	40.72	43.49	44.48	44.78
	44.54	44.69	44.64	41.08
9 Peach, Henry	13	HAVY	6:21.48	
	40.66	47.23	48.02	48.76
	49.30	50.19	49.79	47.53

  

Event 201 Men 15 & Over 400 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Fletcher, Owen	16	HAVY	4:29.52	
	31.62	33.20	34.11	34.55
	34.41	34.24	34.07	33.32
2 Montague, Mason	15	HAVY	4:44.53	
	32.48	35.14	35.63	36.42
	35.34	36.49	36.69	36.34
3 Bruce, Finley	16	TENY	4:50.04	
	31.51	34.39	36.21	36.87
	37.71	37.64	38.37	37.34

  

Event 202 Girls 10 & Under 50 SC Meter Backstroke				
Name	Age	Team	Finals Time	
1 Powell, Nina	10	FISY	46.21	
2 Henson, Jess	10	TENY	46.55	
3 Griffiths, Isla	10	TENY	47.00	
4 Mason, Ezmee	10	HAVY	48.25	
5 Morgan, Iolah	9	PEMY	48.95	
6 Curtis, Carly	10	MILY	49.86	
7 Hawkins, Charlotte	10	HAVY	53.66	
8 Monan, Hazel	8	TENY	54.52	
9 Arnold, Olivia	9	MILY	55.15	
10 Griffiths, Lilia-Rose	10	FISY	55.21	
11 Phillips, Isabella	10	HAVY	56.02	
12 Harvey, Olivia	8	PEMY	56.29	
13 Rossiter Wargent, Mia	10	MILY	56.51	
14 Dashfield, Olivia	10	TENY	57.35	
15 Green, Freya	9	HAVY	57.56	
16 Cutting, Beatrice	8	HAVY	1:00.02	
17 Jarrold, Tilly	9	PEMY	1:00.06	
18 Dyde, Bethan	7	PEMY	1:00.20	
19 McFarlane, Mali	9	MILY	1:00.24	
20 Nash, Sylvia	9	HAVY	1:02.29	
21 Coates, Betsy	10	HAVY	1:03.94	
--- Williams, Evie	10	MILY	DQ	

  

Event 202 Girls 11-12 50 SC Meter Backstroke				
Name	Age	Team	Finals Time	
1 Griffiths, Amelia	12	FISY	37.29	
2 Morgan, Lily	12	TENY	38.14	
3 Graham, Fallon	11	TENY	42.59	
4 Kenny, Jemima	12	MILY	43.04	
5 Thomas, Leah	12	HAVY	43.14	
6 Griffiths, Elizabeth	11	FISY	44.30	
7 Lloyd-Taylor, Cali	12	FISY	44.73	
8 Howell, Sophie	12	HAVY	44.74	
9 Morris, Ffion	11	TENY	45.00	
10 Dyde, Pheobe	11	PEMY	46.31	
11 Titley, Lola	11	MILY	47.01	
12 Penfold, Robyn	12	FISY	47.72	
13 Davies, Betsi	11	FISY	49.16	
14 David, Emily	12	HAVY	49.28	
15 Griffiths, Scarlet	11	HAVY	49.51	
16 John, Rebekah	12	PEMY	50.08	
17 Dennison, Evie	11	MILY	50.61	
18 Penfold, Freya	12	FISY	50.74	
19 Barn, Freya	11	MILY	53.21	
20 Oliver, Freya	11	HAVY	57.54	
21 Harding, Maisie	11	FISY	59.99	
22 Grota-Gurney, Jasmine	11	HAVY	1:02.76	
--- Couzens, Sibylla	12	FISY	DQ	

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## Event 202 Girls 13-14 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Bruce, Skye	14 PEMY	35.83
2 Bruce, Keira	13 PEMY	38.07
3 Montague, Keira	13 HAVY	38.34
4 Hanna, Shelby	14 HAVY	38.88
5 Ostrowski, Julia	14 PEMY	39.02
6 John, Annabel	13 PEMY	41.56
7 Gobbi, Roma	14 HAVY	41.71
8 Clifford, Hannah	13 PEMY	43.68
9 Murphy, Alys	14 HAVY	45.05
10 Doncaster, Lily S	13 HAVY	46.53
11 Thomas, Angharad	13 FISY	47.15
12 Williams, Ffion	13 MILY	48.93
13 Moseley, Emily	13 PEMY	49.88
14 Kaill-Franks, Eira	13 FISY	53.49

## Event 202 Women 15 &amp; Over 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Harding, Lucy	21 HAVY	33.10
2 Devonald, Niamh	15 HAVY	34.10
3 Miles, Megan	15 FISY	35.46
4 John, Holly	16 HAVY	37.61
5 Phillips, Ellie R	16 HAVY	37.97
6 Hanna, Jazmine	15 HAVY	39.17
7 Rice, Lily	19 PEMY	40.86
8 Peach, Eliza M	15 HAVY	41.25
9 Moseley, Sophie	16 PEMY	42.61

## Event 202 Boys 10 &amp; Under 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Monan, Euan	10 TENY	41.78
2 Evans, Wolfgang	9 PEMY	44.19
3 Treinis, Lucian	9 PEMY	50.14
4 Bool, Iolo	9 HAVY	52.64
5 Evans, William	9 FISY	53.53
6 Hearne, Logan	8 PEMY	53.82
7 Lloyd Roberts, Harry	10 MILY	54.33
8 Davies, Morgan	8 TENY	1:01.90
9 Weston, Zac	9 PEMY	1:07.20
10 Murphy, Ifan	9 HAVY	1:09.35

## Event 202 Boys 11-12 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Harwood, Jack	12 HAVY	38.66
2 Davies, Tyler	12 MILY	41.05
3 Knight, Tom	12 HAVY	44.36
4 Thomas, Tristan	12 MILY	44.47
5 George, Kieran	12 MILY	46.25
6 Weston, Ben	12 PEMY	48.19
7 Moore, Hari	11 FISY	49.91
8 Thomas, Harry	12 HAVY	53.85
9 David, Ioan	11 HAVY	54.42
10 Crotty, Beau	12 PEMY	55.13
11 Noble, Reuben	11 HAVY	1:02.06
12 Rudder, Frankie	11 HAVY	1:02.69

## Event 202 Boys 13-14 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Jones, Jack	14 TENY	35.03
2 Hall, Ethan	13 FISY	39.36
3 Santos, Liam	14 MILY	39.57

4 Harris, Toby	13 PEMY	43.44
5 Patterson, Ollie	13 MILY	43.56
6 Griffiths, Evan	14 HAVY	52.30
7 Smith, Caelan	13 HAVY	58.93
--- Beynon, Aaron	13 FISY	DQ

## Event 202 Men 15 &amp; Over 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 West, Zac	17 FISY	28.47
2 Montgomery, Samuel	15 HAVY	29.47
3 Lloyd-Roberts, Rhys	16 MILY	33.26

## Event 203 Girls 10 &amp; Under 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Davies, Elizabeth	10 TENY	1:32.89
42.72	50.17	
2 Lewis, Evie	10 HAVY	1:57.01
54.72	1:02.29	
3 Henson, Jess	10 TENY	1:58.72
53.32	1:05.40	
4 Mason, Ezmee	10 HAVY	2:17.72
1:04.10	1:13.62	
--- Griffiths, Isla	10 TENY	DQ

## Event 203 Girls 11-12 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Dash, Amelie	11 MILY	1:21.25
37.67	43.58	
2 Galdes-Cutting, Daisy	12 HAVY	1:22.48
38.98	43.50	
3 Hall, Isabelle	12 FISY	1:29.82
41.27	48.55	
4 Morgan, Lily	12 TENY	1:30.01
39.85	50.16	
5 Hall, Ellena	12 FISY	1:34.70
43.95	50.75	
6 Dyde, Pheobe	11 PEMY	1:41.74
47.52	54.22	
7 Kenny, Jemima	12 MILY	1:43.70
46.11	57.59	
8 Griffiths, Scarlet	11 HAVY	2:13.93
1:03.43	1:10.50	

## Event 203 Girls 13-14 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Nichols, Grace	13 HAVY	1:11.70
32.71	38.99	
2 Koo, Kathryn	14 TENY	1:19.14
36.20	42.94	
3 Griffiths, Cerys	13 HAVY	1:19.17
35.20	43.97	
4 Stark, Tala	13 FISY	1:21.58
37.04	44.54	
5 Green, Matilda	14 HAVY	1:23.54
39.16	44.38	
6 Mason, Phoebe	13 HAVY	1:25.87
38.76	47.11	
7 Thompson, Freya	13 HAVY	1:26.42
39.93	46.49	
8 Blyth, Isobelle	13 HAVY	1:37.80
44.03	53.77	

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Event 203 Women 15 & Over 100 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 White, Eleanor R	17	HAVY	1:12.51
	32.34	40.17	
2 Webb, Saskia	16	HAVY	1:13.63
	34.15	39.48	
3 Devonald, Niamh	15	HAVY	1:15.61
	33.82	41.79	
4 Clissold, Elizabeth	17	TENY	1:16.18
	35.08	41.10	
5 Thomas, Rhian	15	HAVY	1:17.35
	35.90	41.45	
6 Kovachev, Georgie	16	FISY	1:17.81
	35.33	42.48	
7 Clissold, Bronwyn	15	TENY	1:20.58
	37.04	43.54	
8 Thomas, Grace	16	MILY	1:20.60
	36.20	44.40	
9 Arnold, Lily	15	MILY	1:22.21
	36.88	45.33	
10 Miles, Megan	15	FISY	1:29.26
	41.07	48.19	

  

Event 203 Boys 10 & Under 100 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 Evans, Wolfgang	9	PEMY	1:46.41
	48.15	58.26	

  

Event 203 Boys 11-12 100 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 Thomas, Rhys	12	HAVY	1:37.95
	42.75	55.20	
2 Backen, Frederick	11	FISY	2:12.06
	1:00.83	1:11.23	
--- Robinson, Oshan	12	FISY	DQ

  

Event 203 Boys 13-14 100 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 West, Dexter	14	FISY	1:07.51
	31.00	36.51	
2 Bennett, Finley	14	HAVY	1:08.86
	31.87	36.99	
3 Silverstone, Solomon	13	HAVY	1:11.01
	31.63	39.38	
4 Harris, Osian	14	FISY	1:16.30
	36.01	40.29	
5 Smith, Benjamin	13	HAVY	1:16.93
	35.87	41.06	
6 Morgan, Ben	13	PEMY	1:21.77
	36.64	45.13	
7 Davies, Gethin	14	MILY	1:23.30
	37.06	46.24	
8 Jones, Jack	14	TENY	1:28.87
	41.07	47.80	
9 Lewis, Callum	14	MILY	1:43.93
	45.01	58.92	

  

Event 203 Men 15 & Over 100 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 Thomas, Daniel J	26	PEMY	1:02.64
	28.51	34.13	

  

2 Fletcher, Owen	16	HAVY	1:05.54
	30.85	34.69	
3 Scott, Andrew	17	FISY	1:22.74
	35.84	46.90	

  

Event 204 Boys 13 & Under 200 SC Meter Medley Relay			
Team	Relay	Finals Time	
1 HAVY	A	2:24.32	
1) Harwood, Jack 12	2) Silverstone, Solomon 13		
3) Smith, Benjamin 13	4) Thomas, Rhys 12		
		39.22	35.88
		34.62	34.60
2 PEMY	A	2:51.51	
1) Weston, Ben 12	2) Harris, Toby 13		
3) Morgan, Ben 13	4) Evans, Wolfgang 9		
		48.38	46.94
		36.09	40.10
3 HAVY	B	2:51.77	
1) Knight, Tom 12	2) Smith, Jacob 11		
3) Peach, Olly 13	4) Peach, Henry 13		
		45.47	45.75
		43.28	37.27
4 FISY	A	2:57.35	
1) Backen, Frederick 11	2) Hall, Ethan 13		
3) Robinson, Oshan 12	4) Beynon, Aaron 13		
		54.66	40.07
		44.86	37.76
5 MILY	A	3:00.02	
1) Thomas, Tristan 12	2) Lloyd Roberts, Harry 10		
3) Noden, Rory 11	4) Davies, Tyler 12		
		46.33	54.87
		45.33	33.49
--- HAVY	C	DQ	
1) Bool, Iolo 9	2) Thomas, Harry 12		
3) Murphy, Ifan 9	4) Phillips, Lucas 12		
		1:48.08	1:16.14
		44.78	
--- HAVY	D	DQ	
1) David, Ioan 11	2) Smith, Caelan 13		
3) Rudder, Frankie 11	4) Dadswell, Harry 9		
		44.28	1:33.68
		46.65	28.76

  

Event 205 Boys 200 SC Meter Medley Relay			
Team	Relay	Finals Time	
1 HAVY	A	1:57.88	
1) Montgomery, Samuel 15	2) Lewis, Matthew D 38		
3) Fletcher, Owen 16	4) Robinson, Ellis 18		
		29.43	31.96
		29.88	26.61
2 HAVY	B	2:02.96	
1) Montague, Mason 15	2) Bennett, Finley 14		
3) Mason, Alex 31	4) Griffiths, Harry 15		
		30.37	33.19
		30.43	28.97
3 FISY	A	2:10.93	
1) West, Zac 17	2) Harris, Osian 14		
3) West, Dexter 14	4) Backen, Henry 15		
		29.26	41.33
		30.19	30.15
4 MILY	A	2:27.43	
1) Patterson, Ollie 13	2) Santos, Liam 14		
3) Davies, Gethin 14	4) Lloyd-Roberts, Rhys 16		
		40.64	42.45
		35.35	28.99