

**Pembrokeshire County Championships 2022 - 22/10/2022 to 23/10/2022**

Sanction #: 3WL221066

**Results - session 1 - Warmup 8.00 - 8.45****Event 1 Girls 10 & Under 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Dash, Amelie	10	Milford Haven	2:57.93	2:46.07	8
2 Morgan, Iolah	8	Pembroke & District Asc	NT	3:57.51	7

**Event 1 Girls 11-12 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Nichols, Grace	12	Haverfordwest	2:28.70	2:24.91	8
2 Griffiths, Cerys	12	Haverfordwest	3:06.00	2:42.62	7
3 Galdes Cutting, Daisy	11	Haverfordwest	3:06.85	2:56.03	6
4 Thompson, Freya	12	Haverfordwest	3:21.40	3:05.08	5
5 Stark, Tala	12	Fishguard Flyers	3:15.85	3:06.89	4
6 Blyth, Isobelle	12	Haverfordwest	3:24.33	3:11.57	3
7 Bruce, Keira	12	Pembroke & District Asc	NT	3:13.31	2
8 Hall, Isabelle	11	Fishguard Flyers	3:41.47	3:26.05	1
9 Hall, Ellena	11	Fishguard Flyers	4:05.45	3:38.05	
10 Thomas, Leah	11	Haverfordwest	NT	3:41.67	
11 Doncaster, Lily S	12	Haverfordwest	NT	3:52.13	

**Event 1 Girls 13-14 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Thomas, Rhian	14	Haverfordwest	2:35.38	2:36.71	8
2 Miles, Megan	14	Fishguard Flyers	2:55.79	2:54.76	7
3 Hanna, Jazmine	14	Haverfordwest	2:42.90	2:55.70	6
4 Cissold, Bronwyn	14	Tenby	3:18.61	2:56.19	5
5 Bruce, Skye	13	Pembroke & District Asc	2:58.13	2:57.14	4
6 Green, Matilda	13	Haverfordwest	3:13.30	3:01.91	3
7 Peach, Eliza M	14	Haverfordwest	3:10.80	3:02.29	2
8 Hanna, Shelby	13	Haverfordwest	3:52.80	3:13.98	1
--- Murphy, Alys	13	Haverfordwest	3:36.81	DQ	

**Event 1 Girls 15 & Over 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lewis, Caera	16	Haverfordwest	2:29.37	2:32.71	8
2 Webb, Saskia	15	Haverfordwest	2:54.37	2:38.58	7
3 Clissold, Elizabeth	16	Tenby	2:45.12	2:42.33	6
4 Rice, Lily	18	Pembroke & District Asc	2:55.35	2:53.78	5

**Event 2 Boys 10 & Under 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lewis, Iestyn	10	Haverfordwest	4:05.50	3:35.87	8

**Event 2 Boys 11-12 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Morgan, Ben	12	Pembroke & District Asc	3:20.91	3:02.90	8
2 Thomas, Rhys	11	Haverfordwest	3:37.70	3:20.99	7

**Event 2 Boys 13-14 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Montgomery, Sammy	14	Haverfordwest	2:17.90	2:13.78	8
2 Prysor, Sami	14	Haverfordwest	2:53.65	2:20.82	7
--- Jones, Jack	13	Tenby	NT	DQ	

**Event 2 Boys 15 & Over 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Scott, Andrew	16	Fishguard Flyers	3:50.93	2:57.38	8

**Pembrokeshire County Championships 2022 - 22/10/2022 to 23/10/2022**

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**Results - session 1 - Warmup 8.00 - 8.45****Event 3 Girls 10 & Under 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Davies, Elizabeth	9	Tenby	NT	47.05	8
2 Curtis, Tabitha	10	Fishguard Flyers	NT	50.31	7
3 Dyde, Pheobe	10	Pembroke & District Asc	57.00	51.54	6
4 Arnold, Olivia	8	Milford Haven	NT	1:08.13	5
5 Montgomery, Sofia	10	Haverfordwest	NT	1:09.48	4
6 Morgan, Iolah	8	Pembroke & District Asc	NT	1:10.37	3
7 Mason, Ezmee	9	Haverfordwest	NT	1:16.75	2
--- Lyseight-Jones, Indya	10	Pembroke & District Asc	NT	DQ	
--- Harvey, Olivia	7	Pembroke & District Asc	NT	DQ	
--- Williams, Evie	9	Milford Haven	NT	DQ	

**Event 3 Girls 11-12 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Griffiths, Cerys	12	Haverfordwest	34.80	35.99	8
2 Thompson, Freya	12	Haverfordwest	40.61	39.48	7
3 Galdes Cutting, Daisy	11	Haverfordwest	42.87	40.22	6
4 Montague, Keira	12	Haverfordwest	40.90	41.08	5
5 Morgan, Lily	11	Tenby	47.10	42.33	4
6 Cooper, Daisy	11	Fishguard Flyers	NT	42.96	3
7 Cambell, Autumn R	12	Haverfordwest	NT	43.99	2
8 Blyth, Isobelle	12	Haverfordwest	46.31	44.93	1
9 Page, Jessica	12	Tenby	NT	46.80	
10 Bruce, Keira	12	Pembroke & District Asc	44.02	47.42	
11 Griffiths, Amelia	11	Fishguard Flyers	NT	47.57	
12 Hall, Ellena	11	Fishguard Flyers	50.96	49.55	
13 Doncaster, Lily S	12	Haverfordwest	55.50	53.15	
14 Kenny, Jemima	11	Milford Haven	NT	53.30	
15 Williams, Ffion	12	Milford Haven	54.68	53.52	
16 McFarlane, Una	11	Milford Haven	1:04.99	53.62	
17 John, Rebekah	11	Pembroke & District Asc	NT	1:18.64	

**Event 3 Girls 13-14 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Devonald, Niamh	14	Haverfordwest	31.70	32.61	8
2 Arnold, Lily	14	Milford Haven	34.11	32.99	7
3 Koo, Kathryn	13	Tenby	34.80	34.45	6
4 Hanna, Jazmine	14	Haverfordwest	34.70	34.96	5
5 Cissold, Bronwyn	14	Tenby	49.46	37.84	4
6 Miles, Megan	14	Fishguard Flyers	39.11	38.47	3
7 Bruce, Skye	13	Pembroke & District Asc	38.96	39.53	2
8 Fyfe, Nell	13	Haverfordwest	NT	43.00	1
9 Hanna, Shelby	13	Haverfordwest	56.40	43.35	
10 Green, Ellie	14	Haverfordwest	42.80	43.62	
11 Armstrong, Holly	14	Milford Haven	44.85	45.08	
12 Knight, Cerys	13	Haverfordwest	51.30	50.06	

**Event 3 Girls 15 & Over 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lewis, Rachael E	17	Fishguard Flyers	30.06	30.82	8
2 White, Eleanor R	16	Haverfordwest	30.70	30.86	7
3 Lewis, Caera	16	Haverfordwest	30.65	30.99	6
4 Kovachev, Georgie	15	Fishguard Flyers	32.87	32.73	5
5 Clapham, Rhiannon m	17	Fishguard Flyers	32.01	33.12	4
6 Webb, Saskia	15	Haverfordwest	33.44	33.40	3
7 Clissold, Elizabeth	16	Tenby	34.93	33.61	2

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**Results - session 1 - Warmup 8.00 - 8.45****(Event 3 Girls 15 & Over 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
8 Thomas, Grace	15	Milford Haven	32.99	33.74	1
9 Goddard, Evie E	15	Haverfordwest	33.35	33.99	
10 Phillips, Ellie R	15	Haverfordwest	34.73	34.61	
11 Hale, Chloe	16	Haverfordwest	33.73	34.66	
12 Knowles, Amy A	15	Haverfordwest	31.30	36.45	
13 Beynon, Chloe	15	Fishguard Flyers	38.63	37.01	
14 Evans, Marilla	15	Pembroke & District Asc	41.41	39.48	
15 Lord, Fleur	15	Pembroke & District Asc	52.03	45.56	

**Event 4 Boys 10 & Under 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Smith, Jacob	10	Haverfordwest	47.40	48.19	8
2 Noden, Rory	10	Milford Haven	56.96	50.41	7
3 Lewis, Iestyn	10	Haverfordwest	54.40	54.19	6
4 Evans, Wolfgang	8	Pembroke & District Asc	NT	57.53	5
--- Hearne, Logan	7	Pembroke & District Asc	NT	DQ	

**Event 4 Boys 11-12 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Silverstone, Sol	12	Haverfordwest	36.40	33.82	8
2 Morgan, Ben	12	Pembroke & District Asc	38.05	38.74	7
3 Smith, Benjamin	12	Haverfordwest	41.40	39.04	6
4 Hall, Ethan	12	Fishguard Flyers	48.48	40.33	5
5 Peach, Olly	12	Haverfordwest	NT	44.60	4
6 Thomas, Rhys	11	Haverfordwest	45.90	45.29	3
7 Patterson, Ollie	12	Milford Haven	NT	48.87	2
8 Davies, Tyler	11	Milford Haven	NT	50.98	1
9 Harwood, Jack	11	Haverfordwest	58.57	52.18	
--- Phillips, Lucas	11	Haverfordwest	1:08.00	DQ	

**Event 4 Boys 13-14 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Montgomery, Sammy	14	Haverfordwest	29.60	28.74	8
2 West, Dexter	13	Fishguard Flyers	31.69	30.06	7
3 John, Thomas	13	Haverfordwest	38.60	36.73	6
4 Gouda, ali	13	Haverfordwest	NT	40.12	5
5 Backen, Henry	14	Fishguard Flyers	NT	40.94	4
6 Davies, Gethin	13	Milford Haven	45.81	44.33	3
7 Lewis, Callum	13	Milford Haven	NT	53.00	2
--- Tytler, Leo	14	Milford Haven	1:05.13	DQ	

**Event 4 Boys 15 & Over 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time	Points
1 Arden, James	15	Tenby	28.46	28.57	8
2 West, Zac	16	Fishguard Flyers	29.17	28.68	7
3 Fletcher, Owen	15	Haverfordwest	30.40	30.41	6
4 Morgan, Jack	15	Pembroke & District Asc	31.38	30.56	5
5 Belanger, Jayden	15	Milford Haven	35.40	34.94	4

**Event 5 Girls 10 & Under 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Curtis, Tabitha	10	Fishguard Flyers	1:48.14	1:40.60	8
2 Davies, Elizabeth	9	Tenby	NT	1:53.89	7
3 Lewis, Evie	9	Haverfordwest	NT	2:11.46	6
4 Morgan, Iolah	8	Pembroke & District Asc	NT	2:21.39	5
--- Parker, Calleigh	10	Pembroke & District Asc	NT	DQ	

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**Results - session 1 - Warmup 8.00 - 8.45****Event 5 Girls 11-12 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Nichols, Grace	12	Haverfordwest	1:35.95	1:26.91	8
2 Montague, Keira	12	Haverfordwest	1:37.69	1:31.07	7
3 Stark, Tala	12	Fishguard Flyers	1:39.95	1:33.84	6
4 Hall, Isabelle	11	Fishguard Flyers	1:47.14	1:44.16	5
5 Blyth, Isobelle	12	Haverfordwest	1:49.79	1:47.02	4
6 Mason, Phoebe	12	Haverfordwest	NT	1:52.06	3
7 Griffiths, Amelia	11	Fishguard Flyers	2:03.19	1:52.43	2
8 Cambell, Autumn R	12	Haverfordwest	NT	1:52.51	1
9 Howell, Sophie	11	Haverfordwest	NT	1:58.69	
10 Francis, Emily-Rose	12	Haverfordwest	NT	2:00.20	
11 Monan, Sofia	11	Tenby	NT	2:01.32	
12 Williams, Ffion	12	Milford Haven	NT	2:04.60	
13 Doncaster, Lily S	12	Haverfordwest	NT	2:05.33	
14 McFarlane, Una	11	Milford Haven	NT	2:05.40	
--- John, Rebekah	11	Pembroke & District Asc	NT	DQ	

**Event 5 Girls 13-14 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Marsh, Nina	14	Milford Haven	1:30.99	1:31.98	8
2 Miles, Megan	14	Fishguard Flyers	1:30.98	1:32.78	7
3 Ostrowski, Julia	13	Pembroke & District Asc	1:35.59	1:34.75	6
4 Peach, Eliza M	14	Haverfordwest	1:35.64	1:39.87	5
5 Murphy, Alys	13	Haverfordwest	1:51.20	1:41.68	4
6 Fyfe, Nell	13	Haverfordwest	NT	1:43.05	3
7 Mills, Molly	13	Haverfordwest	NT	1:47.39	2
8 Knight, Cerys	13	Haverfordwest	2:17.20	1:50.89	1
9 Iddon, Steph	14	Tenby	2:14.38	2:00.34	
10 James, Sara	13	Haverfordwest	NT	2:02.64	
11 Lammin, Alesha	13	Pembroke & District Asc	NT	2:46.30	
--- Gobbi, Roma	13	Haverfordwest	NT	DQ	

**Event 5 Girls 15 & Over 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lewis, Caera	16	Haverfordwest	1:14.05	1:16.34	8
2 John, Holly	15	Haverfordwest	1:26.76	1:23.11	7
3 Thomas, Grace	15	Milford Haven	1:27.63	1:25.67	6
4 Goddard, Evie E	15	Haverfordwest	1:22.78	1:27.14	5
5 Hale, Chloe	16	Haverfordwest	1:25.37	1:34.14	4
6 Beynon, Chloe	15	Fishguard Flyers	1:39.30	1:37.10	3
7 Rice, Lily	18	Pembroke & District Asc	1:53.59	1:47.65	2

**Event 6 Boys 10 & Under 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Smith, Jacob	10	Haverfordwest	2:03.50	1:59.19	8
--- Noden, Rory	10	Milford Haven	NT	DQ	

**Event 6 Boys 11-12 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Silverstone, Sol	12	Haverfordwest	1:33.18	1:26.37	8
2 Hall, Ethan	12	Fishguard Flyers	1:40.22	1:38.75	7
3 Peach, Henry	12	Haverfordwest	NT	1:44.17	6
4 Peach, Olly	12	Haverfordwest	1:57.35	1:44.80	5
5 Harris, Toby	12	Pembroke & District Asc	1:48.75	1:47.17	4
6 Patterson, Ollie	12	Milford Haven	NT	1:57.11	3
7 Harwood, Jack	11	Haverfordwest	2:13.83	1:58.15	2

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Name	Age	Team	Seed Time	Finals Time	Points
8 Miles, Gethin	12	Fishguard Flyers	2:34.95	2:03.30	1
9 Davies, Tyler	11	Milford Haven	2:13.86	2:03.81	
10 Phillips, Lucas	11	Haverfordwest	NT	2:22.07	
--- Beynon, Aaron	12	Fishguard Flyers	2:07.51	DQ	
--- Knight, Tom	11	Haverfordwest	2:13.80	DQ	

**Event 6 Boys 13-14 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Montague, Mason	14	Haverfordwest	1:15.80	1:14.05	8
2 Davies, Gethin	13	Milford Haven	2:13.80	1:36.20	7
3 Backen, Henry	14	Fishguard Flyers	1:46.44	1:39.13	6
4 Clegg, Louie	13	Fishguard Flyers	1:49.65	1:39.45	5
5 Jones, Jack	13	Tenby	NT	1:44.36	4
6 Gouda, ali	13	Haverfordwest	1:57.00	1:48.69	3
7 Griffiths, Evan	13	Haverfordwest	NT	2:01.95	2
8 Lewis, Callum	13	Milford Haven	NT	2:12.24	1
--- Gottwaltz, Euan	13	Tenby	NT	DQ	

**Event 6 Boys 15 & Over 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lewis, Matthew D	37	Haverfordwest	1:10.85	1:14.25	8
2 Arden, James	15	Tenby	1:17.10	1:15.26	7
3 West, Zac	16	Fishguard Flyers	1:14.87	1:16.11	6
4 Thomson, Jacob	15	Haverfordwest	1:30.00	1:24.99	5
5 Belanger, Jayden	15	Milford Haven	1:29.09	1:25.28	4

**Event 7 Girls 10-12 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Griffiths, Cerys	12	Haverfordwest	5:41.00	5:10.07	8
2 Galdes Cutting, Daisy	11	Haverfordwest	5:59.99	5:13.85	7
3 Dash, Amelie	10	Milford Haven	NT	5:34.09	6
4 Thompson, Freya	12	Haverfordwest	6:15.50	5:48.58	5
5 Stark, Tala	12	Fishguard Flyers	NT	5:56.79	4

**Event 7 Girls 13-14 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gilderdale, Celyn	14	Haverfordwest	5:02.90	5:01.87	8
2 Arnold, Lily	14	Milford Haven	5:16.91	5:05.27	7
3 Cissold, Bronwyn	14	Tenby	NT	5:42.08	6
4 Green, Matilda	13	Haverfordwest	5:54.90	5:50.65	5
5 Bruce, Skye	13	Pembroke & District Asc	5:55.18	5:51.01	4

**Event 7 Girls 15 & Over 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Clissold, Elizabeth	16	Tenby	5:09.70	4:51.42	8
2 Webb, Saskia	15	Haverfordwest	5:06.60	4:58.38	7
3 Lewis, Rachael E	17	Fishguard Flyers	5:07.37	5:01.00	6
4 Kovachev, Georgie	15	Fishguard Flyers	5:13.67	5:07.75	5
5 White, Eleanor R	16	Haverfordwest	5:10.07	5:09.35	4
6 Rice, Lily	18	Pembroke & District Asc	6:38.59	5:31.71	3
7 John, Holly	15	Haverfordwest	6:03.10	5:46.00	2
8 Beynon, Chloe	15	Fishguard Flyers	5:57.44	5:47.17	1

**Event 8 Boys 11-12 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Silverstone, Sol	12	Haverfordwest	5:50.30	5:15.54	8

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
2	Morgan, Ben	12	Pembroke & District Asc	5:47.51	5:41.97	7
3	Smith, Benjamin	12	Haverfordwest	6:34.80	6:19.78	6

**Event 8 Boys 13-14 400 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Prysor, Sami	14	Haverfordwest	4:19.70	4:14.66	8
2	Montgomery, Sammy	14	Haverfordwest	4:37.00	4:39.10	7
3	Montague, Mason	14	Haverfordwest	4:49.20	4:43.14	6
4	West, Dexter	13	Fishguard Flyers	5:07.04	5:02.25	5
5	Gouda, ali	13	Haverfordwest	NT	6:49.07	4
6	Tytler, Leo	14	Milford Haven	NT	6:53.96	3

**Event 8 Boys 15 & Over 400 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Fletcher, Owen	15	Haverfordwest	4:30.10	4:31.73	8
2	Bruce, Finley	15	Tenby	NT	5:06.95	7
3	Morgan, Jack	15	Pembroke & District Asc	5:05.04	5:16.19	6
4	Scott, Andrew	16	Fishguard Flyers	NT	6:06.92	5