

## Nofio Sir Gar Invitational Meet 2023 - 14/01/2023 to 15/01/2023

## Results - NSG Invitational Meet 2023 (Warmup 8.00 - 8.50)

**Event 101 Girls 11-12 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Coffey, Cora-leigh K	12 SWAY	5:24.12
2 Cressey-Rodgers, Gwenllian F	12 SCCY	5:32.20
3 McQuaid, Maria	11 COCY	5:37.66
4 Bissicks, Cari H	11 SWAY	5:49.99
5 Chapman, Olivia	12 SWAY	6:03.50
6 Mason, Phoebe	12 HAVY	6:06.13
7 Hall, Ellena	11 FISY	6:07.16
8 Morgan, Evelyn	11 LLLY	6:19.28
9 Jones, Ffion	11 COCY	6:26.41
10 George, Eilir	12 LLLY	6:34.25

**Event 101 Girls 13-14 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 King, Marley	14 PEHY	4:49.20
2 Philpott, Ffion	13 SCCY	5:22.74
3 Pickersgill, Aoife	14 CAMY	5:27.25
4 Baker, Chloe	14 SWAY	5:48.99

**Event 101 Women 15 & Over 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Cressey-Rodgers, Deryn H	19 SCCY	4:40.62
2 Gillett, Keira	17 SWAY	4:45.81
3 Evans, Caitlin R	18 SWAY	4:52.99
4 Evans, Mali R	15 SWAY	4:56.45
5 Davies, Rhian	15 SWAY	5:08.44
6 Cleave, Mia	15 CEDY	5:10.64
7 Harwood, Amelia	15 HAVY	6:07.92

**Event 101 Boys 9-10 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Phillips, Finley	9 CEDY	8:28.21

**Event 101 Boys 11-12 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Williams, Thomas	12 LLLY	5:26.70
2 Cleave, Ben	12 CEDY	5:53.07
3 Harwood, Jack	11 HAVY	6:11.94
4 Burt, Caio	12 LLLY	6:27.50
5 Lewis, Iestyn	11 HAVY	6:48.03
--- Duffy, Isaac	12 COCY	DQ

**Event 101 Boys 13-14 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Diouf, Kaden S	14 SWAY	5:19.60
2 Galbraith, Elian	13 LLLY	5:21.18
3 Griffiths, Sam	14 CAMY	5:33.38
4 Smith, Benjamin	13 HAVY	6:08.43
5 Tytler, Leo	14 MILY	6:39.97

**Event 101 Men 15 & Over 400 SC Meter Freestyle**

Name	AgeTeam	Finals Time
1 Gillett, Oliver	15 SWAY	4:24.74
2 Carver, Wil	16 SWAY	4:31.34
3 Upton-Boorman, Liam	15 SCCY	4:31.95
4 Davies, Dominic	18 LLLY	4:56.93
5 Read, William	15 SWAY	5:26.61

**Event 102 Girls 9-10 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Lewis, Harriet	10 COCY	3:35.92
2 Filmer, Gwennan	10 ABRY	3:50.30
3 Parry, Abigail	10 CAMY	3:52.96

4 Williams-Jones, Eloise	9 COCY	3:53.29
5 Davies, Ava-Rose	10 LLLY	4:15.81
6 Percival, Bella	10 CEDY	4:19.23
7 Lewis, Evie	9 HAVY	4:23.55
8 Massey, Mia	10 CEDY	4:39.68
--- Gardner-Rolfe, Mia G	10 SWAY	DQ

**Event 102 Girls 11-12 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 McNamara, Imogen	12 COCY	3:22.52
2 Ebenezer, Anni	12 COCY	3:26.08
3 Hall, Isabelle	11 FISY	3:29.26
4 Collyer, Tirion B	11 SWAY	3:37.17
5 Hughes, Tirion H	12 SWAY	3:37.29
6 Evans, Beca	12 ABRY	3:46.00
7 Davies, Isabella	11 LLLY	3:59.95
8 Jones, Ffion	11 COCY	3:59.96
9 Scully, Emersyn	11 SWAY	4:10.59
--- Thomas, Grace	11 CAMY	DQ

**Event 102 Girls 13-14 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Hatton-Ellis, Isabelle L	14 SWAY	2:53.81
2 Gibbs, Harriet	14 SCCY	3:03.27
3 Williams, Marys E	13 SWAY	3:06.31
4 Marsh, Nina	14 MILY	3:22.41
5 Spychka, Sofiia	14 SWAY	3:29.75
6 Murphy, Alys	13 HAVY	3:34.92
7 Knight, Cerys	13 HAVY	4:09.74

**Event 102 Women 15 & Over 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Phillips, Rhianna	17 SCCY	2:49.08
2 Harwood, Amelia	15 HAVY	3:49.35

**Event 102 Boys 9-10 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Antwhistle, Isaac J	10 SWAY	4:08.81

**Event 102 Boys 11-12 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Phillips, Finley	12 CAMY	3:02.24
2 Thomas, Rhys	12 HAVY	3:35.87
3 Davis, Oliver J	12 CAMY	3:56.03
4 Phillips, Lucas	11 HAVY	4:42.84

**Event 102 Boys 13-14 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Song, Guangping	13 SWAY	2:52.16
2 Diouf, Kaden S	14 SWAY	3:10.11
3 Hall, Ethan	13 FISY	3:46.22
4 Gouda, ali	13 HAVY	3:47.53
--- Stewart, Finlay	14 LLLY	DQ

**Event 102 Men 15 & Over 200 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Sparks, Harry	16 SCCY	2:44.72
2 Clarke, Henry	15 SWAY	2:46.62
3 Cressey-Rodgers, Huw	15 SCCY	2:46.64
4 Porter, Sior	16 CAMY	3:01.76

**Event 103 Girls 11-12 200 SC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Lovering, Sophie	12 COCY	3:49.97

## Nofio Sir Gar Invitational Meet 2023 - 14/01/2023 to 15/01/2023

## Results - NSG Invitational Meet 2023 (Warmup 8.00 - 8.50)

**Event 103 Men 15 & Over 200 SC Meter Butterfly**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
1	Cressey-Rodgers, Ioan	17 SCCY	2:08.57
2	Hedge, Thomas	17 SWAY	2:34.82

**Event 104 Girls 11-12 800 SC Meter Freestyle**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
1	McQuaid, Maria	11 COCY	11:28.53

**Event 104 Girls 13-14 800 SC Meter Freestyle**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
1	Black, Hollie M	13 SWAY	10:48.27
2	Knight, Cari	14 PEHY	10:53.26
3	Powell, Lottie	13 SWAY	12:23.05
4	Douglas, Fabiana	14 CAMY	12:29.32

**Event 104 Women 15 & Over 800 SC Meter Freestyle**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
1	Phillips, Rhianna	17 SCCY	10:08.80
2	Sullivan, Katie L	15 SWAY	11:33.66

**Event 104 Boys 11-12 800 SC Meter Freestyle**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
1	Douglas, Lucas	12 CAMY	10:42.35

**Event 104 Boys 13-14 800 SC Meter Freestyle**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
1	Twigger, Owen	14 SWAY	9:27.44
2	Chapman, Coby L	13 PEHY	10:40.58
3	Gouda, ali	13 HAVY	14:19.98

**Event 104 Men 15 & Over 800 SC Meter Freestyle**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
1	Bowen, Ifan	16 CAMY	9:57.16