

Pembrokeshire County Championships 2023 - 21/10/2023 to 22/10/2023

Sanction #: 3WL231394

Results - Session 6 (Warmup 3.00 - 3.50)

Event 601 Girls 50 SC Meter Butterfly (Skins)

Name	Age	Team	Finals Time
1 Nichols, Grace	13	HAVY	32.29
2 Webb, Saskia	16	HAVY	32.49
3 Clapham, Rhiannon m	18	FISY	33.09
4 Griffiths, Cerys	13	HAVY	33.15
5 Clissold, Elizabeth	17	TENY	33.63
6 Clissold, Bronwyn	15	TENY	33.76
7 Thomas, Rhian	15	HAVY	34.58
8 Galdes-Cutting, Daisy	12	HAVY	35.34

Event 602 Boys 50 SC Meter Backstroke (Skins)

Name	Age	Team	Finals Time
1 Montgomery, Samuel	15	HAVY	31.05
2 West, Dexter	14	FISY	31.26
3 Silverstone, Solomon	13	HAVY	31.63
4 West, Zac	17	FISY	32.04
5 Montague, Mason	15	HAVY	32.30
6 Fletcher, Owen	16	HAVY	32.56
7 Lloyd-Roberts, Rhys	16	MILY	33.12
8 Bennett, Finley	14	HAVY	33.40

Event 603 Girls 10 & Under 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Davies, Elizabeth	10	TENY	2:57.77
43.01	45.05	45.90	43.81
2 Morgan, Iolah	9	PEMY	3:26.11
50.93	52.95	52.03	50.20
3 Henson, Jess	10	TENY	3:31.55
51.60	54.51	54.08	51.36
4 Williams, Evie	10	MILY	3:34.99
51.67	55.21	55.10	53.01
5 Phillips, Isabelle	10	HAVY	3:44.18
52.80	58.15	58.19	55.04
--- Powell, Nina	10	FISY	DQ

Event 603 Girls 11-12 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Galdes-Cutting, Daisy	12	HAVY	2:42.40
38.96	41.75	42.01	39.68
2 Dash, Amelie	11	MILY	2:42.57
38.21	40.87	42.42	41.07
3 Morgan, Lily	12	TENY	2:54.56
41.27	44.52	46.00	42.77
4 Griffiths, Amelia	12	FISY	2:57.10
43.16	46.81	45.07	42.06
5 McFarlane, Una	12	MILY	2:57.94
1:29.05	45.66	43.41	
6 Griffiths, Ffion	12	TENY	3:06.58
43.73	48.22	49.10	45.53
7 Hall, Ellena	12	FISY	3:06.72
44.30	47.22	48.05	47.15
8 Hall, Isabelle	12	FISY	3:09.92
43.80	48.33	49.27	48.52
9 Kenny, Jemima	12	MILY	3:15.76
46.84	51.20	50.81	46.91
10 Lewis, Roisin	11	HAVY	3:31.39
49.72	54.61	54.93	52.13

Event 603 Girls 13-14 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Nichols, Grace	13	HAVY	2:32.37
35.21	38.62	39.63	38.91
2 Griffiths, Cerys	13	HAVY	2:40.55
38.02	40.71	41.34	40.48
3 Koo, Kathryn	14	TENY	2:42.72
37.32	41.47	42.41	41.52
4 Bruce, Skye	14	PEMY	2:44.96
38.49	41.35	43.09	42.03
5 Bruce, Keira	13	PEMY	2:49.98
40.06	43.54	44.79	41.59
6 Thompson, Freya	13	HAVY	2:53.85
41.39	44.19	44.71	43.56
7 Mason, Phoebe	13	HAVY	3:01.61
44.26	46.43	46.47	44.45
8 Blyth, Isobelle	13	HAVY	3:13.10
44.44	50.41	51.32	46.93
9 Murphy, Alys	14	HAVY	3:20.28
47.04	51.22	51.93	50.09
10 Knight, Cerys	14	HAVY	3:33.95
46.87	55.33	56.61	55.14
11 Doncaster, Lily S	13	HAVY	3:36.88
51.10	57.05	56.82	51.91

Event 603 Women 15 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Thomas, Rhian	15	HAVY	2:35.01
36.31	39.74	40.24	38.72
2 Webb, Saskia	16	HAVY	2:37.29
37.76	39.50	40.32	39.71
3 Clissold, Elizabeth	17	TENY	2:46.45
39.71	42.55	42.86	41.33
4 Miles, Megan	15	FISY	2:47.62
39.72	43.53	43.82	40.55
5 Rice, Lily	19	PEMY	2:56.46
41.97	44.22	44.84	45.43

Event 603 Boys 11-12 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Harwood, Jack	12	HAVY	2:52.44
43.07	44.79	43.86	40.72
2 Thomas, Rhys	12	HAVY	3:08.36
44.61	48.95	48.24	46.56
3 Noden, Rory	11	MILY	3:12.10
45.08	48.93	50.84	47.25
4 George, Kieran	12	MILY	3:25.90
49.77	53.68	52.74	49.71
5 Thomas, Tristan	12	MILY	3:44.88
53.08	59.19	58.47	54.14
6 Weston, Ben	12	PEMY	3:52.15
51.76	1:01.44	1:58.95	

Event 603 Boys 13-14 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 West, Dexter	14	FISY	2:17.80
32.69	35.12	35.17	34.82
2 Jones, Jack	14	TENY	2:37.97
37.80	41.65	41.72	36.80
3 Davies, Gethin	14	MILY	2:49.87
38.47	44.59	43.89	42.92

Pembrokeshire County Championships 2023 - 21/10/2023 to 22/10/2023

Sanction #: 3WL231394

Results - Session 6 (Warmup 3.00 - 3.50)

(Event 603 Boys 13-14 200 SC Meter Backstroke)

Name	Age	Team	Finals Time	
4 Smith, Benjamin	13	HAVY	2:54.06	3
	41.30	44.79	45.09	42.88

Event 603 Men 15 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Montgomery, Samuel	15	HAVY	2:22.41	6
	32.53	35.55	37.46	36.87
2 Montague, Mason	15	HAVY	2:27.46	5
	34.64	37.76	38.04	37.02
3 Fletcher, Owen	16	HAVY	2:36.52	4
	38.72	40.43	40.77	36.60

Event 604 Girls 10 & Under 50 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Davies, Elizabeth	10	TENY	33.69	6
2 Lewis, Evie	10	HAVY	37.77	5
3 Henson, Jess	10	TENY	38.83	4
4 Mason, Ezmee	10	HAVY	39.32	3
5 Griffiths, Isla	10	TENY	39.93	2
6 Morgan, Iolah	9	PEMY	41.80	1
7 Francis, Mia	10	HAVY	42.28	
8 Williams, Evie	10	MILY	43.18	
9 Jarrold, Tilly	9	PEMY	43.21	
10 Rossiter Wargent, Mia	10	MILY	44.01	
11 Arnold, Olivia	9	MILY	44.30	
12 Dashfield, Olivia	10	TENY	45.08	
13 Phillips, Isabella	10	HAVY	45.54	
14 Hawkins, Charlotte	10	HAVY	46.28	
15 Curtis, Carly	10	MILY	46.91	
16 Bowen, Cerys	9	FISY	49.58	
17 Cooper, Millie	10	FISY	50.34	
18 Monan, Hazel	8	TENY	50.55	
19 Griffiths, Lilia-Rose	10	FISY	50.56	
20 Harvey, Olivia	8	PEMY	51.35	
21 Nash, Sylvia	9	HAVY	51.92	
22 Dyde, Bethan	7	PEMY	52.57	
23 Coates, Betsy	10	HAVY	53.16	
24 Cutting, Beatrice	8	HAVY	54.79	
25 Green, Freya	9	HAVY	58.97	
26 McFarlane, Mali	9	MILY	1:00.43	

Event 604 Girls 11-12 50 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Galdes-Cutting, Daisy	12	HAVY	30.28	6
2 Griffiths, Amelia	12	FISY	31.31	5
3 Dash, Amelie	11	MILY	31.99	4
4 Morgan, Lily	12	TENY	32.39	3
5 Griffiths, Ffion	12	TENY	33.39	2
6 Hall, Ellena	12	FISY	34.69	1
7 McFarlane, Una	12	MILY	35.15	
8 Hall, Isabelle	12	FISY	35.40	
9 Cooper, Daisy	12	FISY	35.89	
10 Griffiths, Elizabeth	11	FISY	36.03	
11 Dyde, Pheobe	11	PEMY	36.81	
12 Kaill-Franks, Nia	11	FISY	37.41	
13 Kenny, Jemima	12	MILY	37.65	
14 Graham, Fallon	11	TENY	37.78	
15 David, Emily	12	HAVY	37.96	
16 Penfold, Robyn	12	FISY	38.16	
17 Penfold, Freya	12	FISY	39.16	

18 Lloyd-Taylor, Cali	12	FISY	39.66	
19 Howell, Sophie	12	HAVY	40.32	
20 Davies, Betsi	11	FISY	41.25	
21 Leane, Megan	11	HAVY	42.30	
22 Couzens, Sibylla	12	FISY	42.53	
23 Dennison, Evie	11	MILY	43.97	
24 Titley, Lola	11	MILY	44.85	
25 Barn, Freya	11	MILY	46.53	
26 Hounsell, Isla	11	PEMY	46.57	
27 Oliver, Freya	11	HAVY	48.94	
28 Harding, Maisie	11	FISY	50.68	

Event 604 Girls 13-14 50 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Nichols, Grace	13	HAVY	29.18	6
2 Griffiths, Cerys	13	HAVY	29.34	5
3 Koo, Kathryn	14	TENY	30.13	4
4 Ostrowski, Julia	14	PEMY	31.10	3
5 Green, Matilda	14	HAVY	31.39	2
6 Thompson, Freya	13	HAVY	31.90	1
7 Stark, Tala	13	FISY	32.00	
8 Montague, Keira	13	HAVY	32.55	
9 Bruce, Keira	13	PEMY	33.08	
10 John, Annabel	13	PEMY	33.22	
11 Dafydd, Mali	13	FISY	33.34	
12 Bruce, Skye	14	PEMY	34.00	
13 Hanna, Shelby	14	HAVY	34.05	
14 Mason, Phoebe	13	HAVY	34.13	
15 Murphy, Alys	14	HAVY	34.51	
16 Knight, Cerys	14	HAVY	35.41	
17 Gobbi, Roma	14	HAVY	35.90	
18 Dafydd, Iola	14	FISY	35.97	
19 Elcock, Freya	13	FISY	36.96	
20 Mills, Molly	14	HAVY	37.31	
21 Clifford, Hannah	13	PEMY	37.43	
22 Williams, Ffion	13	MILY	38.72	
23 Doncaster, Lily S	13	HAVY	40.43	
24 Moseley, Emily	13	PEMY	41.99	
25 Thomas, Angharad	13	FISY	42.19	
26 Kaill-Franks, Eira	13	FISY	45.53	

Event 604 Women 15 & Over 50 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 John, Holly	16	HAVY	28.20	6
2 White, Eleanor R	17	HAVY	28.90	5
3 Clissold, Elizabeth	17	TENY	29.31	4
4 Harding, Lucy	21	HAVY	29.33	3
5 Clapham, Rhiannon m	18	FISY	29.38	2
6 Arnold, Lily	15	MILY	29.86	1
7 Allen, April	25	HAVY	30.22	
8 Devonald, Niamh	15	HAVY	30.31	
9 Miles, Megan	15	FISY	30.52	
10 Hanna, Jazmine	15	HAVY	30.54	
11 Clissold, Bronwyn	15	TENY	30.65	
12 Kovachev, Georgie	16	FISY	30.77	
13 Phillips, Ellie R	16	HAVY	31.09	
14 Webb, Saskia	16	HAVY	31.16	
15 Beynon, Chloe	16	FISY	32.24	
16 Thomas, Grace	16	MILY	32.45	
17 Thomas, Rhian	15	HAVY	33.06	
18 Peach, Eliza M	15	HAVY	33.79	

Pembrokeshire County Championships 2023 - 21/10/2023 to 22/10/2023

Sanction #: 3WL231394

Results - Session 6 (Warmup 3.00 - 3.50)

(Event 604 Women 15 & Over 50 SC Meter Freestyle)

Name	AgeTeam	Finals Time
19 David, Katie	16 HAVY	33.96
20 Green, Ellie	15 HAVY	35.17
21 Moseley, Sophie	16 PEMY	37.48
22 Iddon, Steph	15 TENY	43.12

Event 604 Boys 10 & Under 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Monan, Euan	10 TENY	38.95 6
2 Evans, Wolfgang	9 PEMY	40.28 5
3 Treinis, Lucian	9 PEMY	43.48 4
4 Hearne, Logan	8 PEMY	44.67 3
5 Lloyd Roberts, Harry	10 MILY	44.91 2
6 Davies, Morgan	8 TENY	45.52 1
7 Bool, Iolo	9 HAVY	46.09
8 Lamb, Joe	10 FISY	51.77
9 Prevel, Vinnie	9 PEMY	55.96
10 Murphy, Ifan	9 HAVY	59.39
11 Weston, Zac	9 PEMY	1:00.88
--- Evans, William	9 FISY	DQ

Event 604 Boys 11-12 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Smith, Jacob	11 HAVY	32.94 6
2 Harwood, Jack	12 HAVY	33.08 5
3 Thomas, Rhys	12 HAVY	33.64 4
4 Davies, Tyler	12 MILY	34.36 3
5 Noden, Rory	11 MILY	36.51 2
6 Weston, Ben	12 PEMY	39.83 1
7 Phillips, Gethin	12 HAVY	40.95
8 David, Ioan	11 HAVY	40.99
9 Bowen, Cai	11 FISY	41.40
10 Fogerty, Oliver	11 FISY	41.62
11 Thomas, Harry	12 HAVY	41.77
12 Lake, Freddie	11 HAVY	42.08
13 Moore, Hari	11 FISY	42.40
14 Phillips, Lucas	12 HAVY	42.50
15 Backen, Frederick	11 FISY	45.62
16 Lamb, Billy	12 FISY	47.18
17 Jesson, Takeo	11 TENY	47.73
18 Noble, Reuben	11 HAVY	49.16
19 Rudder, Frankie	11 HAVY	52.83
--- Thomas, Tristan	12 MILY	DQ
--- Crotty, Beau	12 PEMY	DQ

Event 604 Boys 13-14 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Silverstone, Solomon	13 HAVY	26.63 6
2 Bennett, Finley	14 HAVY	28.43 5
3 West, Dexter	14 FISY	28.73 4
4 Harris, Osian	14 FISY	30.12 3
5 Davies, Gethin	14 MILY	30.49 2
6 Jones, Jack	14 TENY	30.63 1
7 Morgan, Ben	13 PEMY	31.25
8 Smith, Benjamin	13 HAVY	31.49
9 Hall, Ethan	13 FISY	33.03
10 Lewis, Callum	14 MILY	34.39
11 Shelmerdine, Cory	13 PEMY	34.67
12 Patterson, Ollie	13 MILY	36.74
13 Peach, Henry	13 HAVY	38.82
14 Smith, Caelan	13 HAVY	45.89

Event 604 Men 15 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Montgomery, Samuel	15 HAVY	26.57 6
2 Montague, Mason	15 HAVY	26.92 5
3 Lloyd-Roberts, Rhys	16 MILY	27.17 4
4 Fletcher, Owen	16 HAVY	27.73 3
5 Mason, Alex	31 HAVY	28.07 2
6 Morgan, Jack	16 PEMY	28.24 1
7 Bruce, Finley	16 TENY	28.40
8 Scott, Andrew	17 FISY	29.90
9 Backen, Henry	15 FISY	30.11
10 West, Zac	17 FISY	34.16

Event 605 Mixed 13 & Under 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 HAVY	A	1:58.73
1) Smith, Benjamin M13	2) Griffiths, Cerys W13	
3) Nichols, Grace W13	4) Silverstone, Solomon M13	
32.12 29.86	29.43 27.32	
2 HAVY	B	2:13.65
1) Galdes-Cutting, Daisy W12	2) Thomas, Rhys M12	
3) Smith, Jacob M11	4) Thompson, Freya W13	
31.35 35.72	34.59 31.99	
3 PEMY	A	2:18.55
1) Bruce, Keira W13	2) Shelmerdine, Cory M13	
3) Clifford, Hannah W13	4) Morgan, Ben M13	
32.95 35.87	38.42 31.31	
4 HAVY	C	2:18.56
1) Peach, Olly M13	2) Mason, Phoebe W13	
3) Harwood, Jack M12	4) Montague, Keira W13	
38.50 34.27	32.09 33.70	
5 MILY	A	2:24.87
1) Davies, Tyler M12	2) Noden, Rory M11	
3) Kenny, Jemima W12	4) Dash, Amelie W11	
35.04 38.44	39.79 31.60	
6 FISY	A	2:26.40
1) Cooper, Daisy W12	2) Backen, Frederick M11	
3) Hall, Ethan M13	4) Dafydd, Mali W13	
35.77 44.06	34.55 32.02	
7 MILY	B	2:29.06
1) Thomas, Tristan M12	2) Williams, Ffion W13	
3) Patterson, Ollie M13	4) McFarlane, Una W12	
39.32 37.44	36.11 36.19	
8 PEMY	B	2:32.69
1) Weston, Ben M12	2) Dyde, Pheobe W11	
3) Evans, Wolfgang M9	4) John, Annabel W13	
38.55 40.12	40.75 33.27	
9 HAVY	D	2:36.72
1) Knight, Tom M12	2) Blyth, Isobelle W13	
3) Lewis, Evie W10	4) Peach, Henry M13	
41.61 37.61	39.68 37.82	
10 TENY	A	2:37.83
1) Davies, Elizabeth W10	2) Monan, Euan M10	
3) Jesson, Takeo M11	4) Graham, Fallon W11	
33.59 39.44	48.20 36.60	
11 HAVY	E	2:45.80
1) Thomas, Harry M12	2) David, Emily W12	
3) Doncaster, Lily S W13	4) David, Ioan M11	
44.48 39.37	42.35 39.60	

Pembrokeshire County Championships 2023 - 21/10/2023 to 22/10/2023

Sanction #: 3WL231394

Results - Session 6 (Warmup 3.00 - 3.50)

(Event 605 Mixed 13 & Under 200 SC Meter Freestyle Relay)

Team	Relay	Finals Time
12 FISY	B	2:47.75
1) Powell, Nina W10	2) Fogerty, Oliver M11	
3) Bowen, Cai M11	4) Davies, Betsi W11	
39.66 41.50	45.14 41.45	
13 PEMY	C	2:57.88
1) Treinis, Lucian M9	2) Morgan, Iolah W9	
3) Moseley, Emily W13	4) Hearne, Logan M8	
43.42 43.39	43.45 47.62	
14 HAVY	G	3:02.66
1) Bool, Iolo M9	2) Lewis, Roisin W11	
3) Leane, Megan W11	4) Rudder, Frankie M11	
47.21 41.38	41.62 52.45	
15 FISY	D	3:04.04
1) Lamb, Billy M12	2) Moore, Hari M11	
3) Couzens, Sibylla W12	4) Griffiths, Lilia-Rose W10	
50.35 42.41	41.92 49.36	
16 HAVY	F	3:05.37
1) Murphy, Ifan M9	2) Mason, Ezmee W10	
3) Howell, Sophie W12	4) Phillips, Lucas M12	
1:01.79 41.14	40.37 42.07	
17 HAVY	H	3:06.46
1) Phillips, Isabella W10	2) Francis, Mia W10	
3) Smith, Caelan M13	4) Phillips, Gethin M12	
50.62 37.64	42.53 55.67	
18 FISY	C	3:16.35
1) Evans, William M9	2) Cooper, Millie W10	
3) Bowen, Cerys W9	4) Lamb, Joe M10	
42.06 1:49.31	44.98	
19 PEMY	D	3:31.97
1) Crotty, Beau M12	2) Dyde, Bethan W7	
3) Weston, Zac M9	4) Harvey, Olivia W8	
42.94 58.85	59.19 50.99	

7 MILY	A	2:01.66
1) Davies, Gethin M14	2) Thomas, Grace W16	
3) Arnold, Lily W15	4) Lloyd-Roberts, Rhys M16	
31.23 31.82	30.07 28.54	
8 PEMY	A	2:03.21
1) Rice, Lily W19	2) Ostrowski, Julia W14	
3) Morgan, Jack M16	4) Thomas, Daniel J M26	
36.68 30.51	29.31 26.71	
9 FISY	B	2:04.89
1) Backen, Henry M15	2) Miles, Megan W15	
3) Beynon, Chloe W16	4) Harris, Osian M14	
30.67 31.79	31.90 30.53	
10 FISY	C	2:11.03
1) Hall, Ethan M13	2) Stark, Tala W13	
3) Dafydd, Iola W14	4) Scott, Andrew M17	
34.42 32.21	36.05 28.35	

Event 606 Mixed 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 HAVY	A	1:50.62
1) Montgomery, Samuel M15	2) Harding, Lucy W21	
3) Lewis, Matthew D M38	4) White, Eleanor R W17	
26.66 29.30	26.06 28.60	
2 HAVY	B	1:51.46
1) Montague, Mason M15	2) Devonald, Niamh W15	
3) John, Holly W16	4) Robinson, Ellis M18	
27.10 30.09	28.28 25.99	
3 FISY	A	1:55.94
1) Clapham, Rhiannon m W18	2) Kovachev, Georgie W16	
3) West, Dexter M14	4) West, Zac M17	
29.82 30.72	28.42 26.98	
4 HAVY	D	1:57.21
1) Mason, Alex M31	2) Mountain, Sophie W36	
3) Allen, April W25	4) Griffiths, Harry M15	
28.47 30.65	29.07 29.02	
5 TENY	A	1:57.53
1) Bruce, Finley M16	2) Koo, Kathryn W14	
3) Jones, Jack M14	4) Clissold, Elizabeth W17	
28.38 29.27	30.43 29.45	
6 HAVY	C	1:58.28
1) Bennett, Finley M14	2) Hanna, Jazmine W15	
3) Webb, Saskia W16	4) Fletcher, Owen M16	
28.77 31.24	31.04 27.23	