

Pembrokeshire County Championships 2023 - 21/10/2023 to 22/10/2023

Sanction #: 3WL231394

Results - Session 5 (Warmup 11.45 - 12.35)

Event 501 Girls 11-12 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Galdes-Cutting, Daisy	12	HAVY	5:41.60	6
			39.73	45.96
			43.15	41.71
			48.76	49.85
			36.60	35.84
2 Dash, Amelie	11	MILY	5:58.34	5
			38.42	44.77
			44.64	44.62
			51.27	52.17
			42.20	40.25
3 Hall, Isabelle	12	FISY	6:23.43	4
			41.58	50.49
			49.80	49.32
			52.53	53.23
			43.90	42.58
4 Hall, Ellena	12	FISY	6:33.14	3
			44.38	52.58
			51.70	50.26
			55.43	55.35
			42.61	40.83
5 Dyde, Pheobe	11	PEMY	7:17.35	2
			46.89	57.08
			55.57	
			59.85	1:03.38
			49.29	47.81

Event 501 Girls 13-14 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Nichols, Grace	13	HAVY	5:29.58	6
			34.60	40.81
			39.53	38.18
			51.00	50.10
			38.96	36.40
2 Griffiths, Cerys	13	HAVY	5:34.63	5
			35.74	43.99
			41.70	40.34
			50.07	49.64
			36.73	36.42
3 Koo, Kathryn	14	TENY	6:06.13	4
			39.02	46.98
			44.81	43.98
			55.28	56.56
			40.58	38.92
4 Stark, Tala	13	FISY	6:10.25	3
			38.20	46.76
			49.80	47.13
			49.41	51.53
			44.41	43.01
5 Thompson, Freya	13	HAVY	6:15.37	2
			42.51	50.29
			47.19	47.46
			53.20	53.05
			42.09	39.58
6 Mason, Phoebe	13	HAVY	6:17.14	1
			40.12	49.50
			48.23	46.77
			56.94	55.90
			40.95	38.73
7 Blyth, Isobelle	13	HAVY	6:53.38	
			44.81	56.29
			50.03	49.46
			58.88	1:00.19
			48.55	45.17

Event 501 Women 15 & Over 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Clissold, Elizabeth	17	TENY	5:36.95	6
			35.68	42.45
			43.87	43.13
			48.54	49.27
			37.83	36.18
--- Clissold, Bronwyn	15	TENY		DQ

Event 501 Boys 11-12 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Thomas, Rhys	12	HAVY	6:40.53	6
			44.87	57.14
			52.56	50.50
			55.63	52.77
			44.43	42.63

Event 501 Boys 13-14 400 SC Meter IM

Name	Age	Team	Finals Time	
1 West, Dexter	14	FISY	5:00.39	6
			32.65	36.88
			36.94	36.83
			44.34	44.17
			35.49	33.09

2 Bennett, Finley	14	HAVY	5:18.39	5
			34.08	41.38
			40.95	41.62
			44.22	45.34
			35.73	35.07
3 Silverstone, Solomon	13	HAVY	5:24.28	4
			32.62	41.03
			42.70	41.67
			45.62	47.86
			37.39	35.39
4 Jones, Jack	14	TENY	5:53.59	3
			41.11	47.16
			45.57	42.21
			49.92	49.01
			41.32	37.29
5 Davies, Gethin	14	MILY	5:58.24	2
			35.98	44.43
			49.11	47.40
			50.27	50.65
			42.26	38.14
6 Morgan, Ben	13	PEMY	5:59.03	1
			37.46	46.81
			47.74	45.48
			51.04	52.02
			40.26	38.22
--- Smith, Benjamin	13	HAVY		DQ

Event 501 Men 15 & Over 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Montague, Mason	15	HAVY	5:04.79	6
			32.61	38.26
			39.64	39.37
			43.73	42.47
			35.11	33.60
2 Fletcher, Owen	16	HAVY	5:09.55	5
			31.83	36.49
			42.31	41.63
			43.62	44.85
			35.62	33.20
3 Scott, Andrew	17	FISY	6:19.40	4
			37.39	46.74
			46.16	45.97
			52.67	55.73
			47.01	47.73

Event 502 Girls 10 & Under 100 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Davies, Elizabeth	10	TENY	1:24.16	6
			41.17	42.99
2 Powell, Nina	10	FISY	1:37.44	5
			46.94	50.50
3 Morgan, Iolah	9	PEMY	1:39.44	4
			48.95	50.49
4 Griffiths, Isla	10	TENY	1:39.60	3
			48.70	50.90
5 Henson, Jess	10	TENY	1:41.48	2
			50.47	51.01
6 Lewis, Evie	10	HAVY	1:41.63	1
			49.61	52.02
7 Williams, Evie	10	MILY	1:45.66	
			52.19	53.47
8 Phillips, Isabelle	10	HAVY	1:45.78	
			50.63	55.15
9 Mason, Ezmee	10	HAVY	1:48.26	
			52.59	55.67
10 Curtis, Carly	10	MILY	1:52.53	
			53.11	59.42
11 Arnold, Olivia	9	MILY	2:03.80	
			58.99	1:04.81
--- Cutting, Beatrice	8	HAVY		DQ

Event 502 Girls 11-12 100 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Galdes-Cutting, Daisy	12	HAVY	1:17.82	6
			38.29	39.53

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Results - Session 5 (Warmup 11.45 - 12.35)

(Event 502 Girls 11-12 100 SC Meter Backstroke)

Name	Age	Team	Finals Time	
2 Dash, Amelie	11	MILY	1:17.90	5
38.28	39.62			
3 Morgan, Lily	12	TENY	1:20.85	4
39.42	41.43			
4 Griffiths, Amelia	12	FISY	1:23.29	3
41.67	41.62			
5 Griffiths, Ffion	12	TENY	1:23.68	2
40.38	43.30			
6 McFarlane, Una	12	MILY	1:27.48	1
42.52	44.96			
7 Kenny, Jemima	12	MILY	1:32.22	
44.83	47.39			
8 Graham, Fallon	11	TENY	1:33.81	
47.01	46.80			
9 Cooper, Daisy	12	FISY	1:34.65	
45.84	48.81			
10 Lewis, Roisin	11	HAVY	1:40.12	
48.59	51.53			
11 Dyde, Pheobe	11	PEMY	1:42.46	
50.68	51.78			
12 Griffiths, Scarlet	11	HAVY	1:44.87	
51.41	53.46			
13 David, Emily	12	HAVY	1:45.72	
50.15	55.57			
14 Tittley, Lola	11	MILY	1:48.33	
51.21	57.12			
15 Oliver, Freya	11	HAVY	2:09.62	
1:01.92	1:07.70			
--- Barn, Freya	11	MILY	DQ	

Event 502 Girls 13-14 100 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Nichols, Grace	13	HAVY	1:06.80	6
32.56	34.24			
2 Bruce, Skye	14	PEMY	1:14.41	5
36.08	38.33			
3 Bruce, Keira	13	PEMY	1:19.15	4
39.07	40.08			
4 Green, Matilda	14	HAVY	1:22.85	3
40.00	43.96			
5 Ostrowski, Julia	14	PEMY	1:23.96	2
40.00	43.96			
6 Thompson, Freya	13	HAVY	1:24.11	1
40.35	43.76			
7 Montague, Keira	13	HAVY	1:25.30	
41.87	43.43			
8 Hanna, Shelby	14	HAVY	1:27.47	
43.19	44.28			
9 Mills, Molly	14	HAVY	1:32.52	
44.93	47.59			
10 Knight, Cerys	14	HAVY	1:36.04	
45.29	50.75			
11 Doncaster, Lily S	13	HAVY	1:41.93	
47.33	51.88			
12 Williams, Ffion	13	MILY	1:47.41	
47.33	51.88			
13 Thomas, Angharad	13	FISY	1:47.74	
52.45	55.29			

Event 502 Women 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Thomas, Rhian	15	HAVY	1:11.33	6
34.77	36.56			
2 Devonald, Niamh	15	HAVY	1:12.59	5
33.93	38.66			
3 Webb, Saskia	16	HAVY	1:15.20	4
37.12	38.08			
4 Clapham, Rhiannon m	18	FISY	1:16.30	3
36.93	39.37			
5 Clissold, Bronwyn	15	TENY	1:18.39	2
37.57	40.82			
6 Miles, Megan	15	FISY	1:18.49	1
38.80	39.69			
7 Arnold, Lily	15	MILY	1:18.90	
38.59	40.31			
8 Kovachev, Georgie	16	FISY	1:19.57	
37.92	41.65			
9 Hanna, Jazmine	15	HAVY	1:21.76	
39.32	42.44			
10 Rice, Lily	19	PEMY	1:21.87	
40.28	41.59			
11 Beynon, Chloe	16	FISY	1:23.15	
40.60	42.55			
12 Peach, Eliza M	15	HAVY	1:27.92	
42.14	45.78			
13 Moseley, Sophie	16	PEMY	1:32.91	
45.17	47.74			

Event 502 Boys 10 & Under 100 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Evans, Wolfgang	9	PEMY	1:40.17	6
48.35	51.82			
2 Treinis, Lucian	9	PEMY	1:48.83	5
51.40	57.43			
3 Bool, Iolo	9	HAVY	1:48.97	4
53.86	55.11			
4 Hearne, Logan	8	PEMY	1:58.53	3
57.98	1:00.55			
5 Davies, Morgan	8	TENY	2:13.10	2
1:05.88	1:07.22			
6 Murphy, Ifan	9	HAVY	2:22.41	1
---	10	TENY	DQ	

Event 502 Boys 11-12 100 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Harwood, Jack	12	HAVY	1:18.91	6
39.43	39.48			
2 Smith, Jacob	11	HAVY	1:30.30	5
42.75	47.55			
3 Davies, Tyler	12	MILY	1:33.51	4
45.37	48.14			
4 Knight, Tom	12	HAVY	1:35.17	3
47.33	51.88			
5 Weston, Ben	12	PEMY	1:39.21	2
47.33	51.88			
6 George, Kieran	12	MILY	1:39.75	1
48.53	51.22			
7 Prevel, Sebastian	12	PEMY	1:43.76	
50.42	53.34			
8 Thomas, Tristan	12	MILY	1:45.37	
51.84	53.53			

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Results - Session 5 (Warmup 11.45 - 12.35)

(Event 502 Boys 11-12 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
9 David, Ioan	11	HAVY	1:51.81
53.44	58.37		
10 Thomas, Harry	12	HAVY	1:52.68
54.14	58.54		
11 Slowgrove, Toby	11	HAVY	2:11.57
1:00.54	1:11.03		
--- Noden, Rory	11	MILY	DQ
--- Lake, Freddie	11	HAVY	DQ

Event 502 Boys 13-14 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Harris, Osian	14	FISY	1:15.12 6
35.69	39.43		
2 Morgan, Ben	13	PEMY	1:24.10 5
41.17	42.93		
3 Patterson, Ollie	13	MILY	1:33.65 4
46.12	47.53		

Event 502 Men 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Montgomery, Samuel	15	HAVY	1:02.80 6
29.83	32.97		
2 Montague, Mason	15	HAVY	1:05.32 5
31.38	33.94		
3 West, Zac	17	FISY	1:09.04 4
31.05	37.99		

Event 503 Girls 10 & Under 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Davies, Elizabeth	10	TENY	3:46.46 6
50.93	57.54	59.14	58.85
2 Rossiter Wargent, Mia	10	MILY	3:54.55 5
53.79	1:01.87	1:00.34	58.55
3 Lewis, Evie	10	HAVY	4:03.31 4
56.86	1:03.57	1:03.40	59.48
4 Henson, Jess	10	TENY	4:03.96 3
56.48	1:03.37	1:03.83	1:00.28
5 Griffiths, Isla	10	TENY	4:04.45 2
57.25	1:02.44	1:03.47	1:01.29
6 Powell, Nina	10	FISY	4:07.23 1
54.86	1:03.47	1:04.25	1:04.65
7 Morgan, Iolah	9	PEMY	4:28.16
1:03.22	1:08.49	1:08.72	1:07.73
8 Prevel, Tilly	10	PEMY	4:58.14
1:06.98	1:16.51	1:16.89	1:17.76

Event 503 Girls 11-12 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 McFarlane, Una	12	MILY	3:45.34 6
51.78	58.01	58.14	57.41
2 Griffiths, Ffion	12	TENY	3:54.46 5
55.32	59.95	1:00.42	58.77
3 Howell, Sophie	12	HAVY	4:02.45 4
51.59	1:02.32	1:04.99	1:03.55
4 Lewis, Roisin	11	HAVY	4:11.09 3
55.37	1:04.83	1:06.40	1:04.49
--- Leane, Megan	11	HAVY	DQ

Event 503 Girls 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Stark, Tala	13	FISY	3:06.94 6
42.26	47.04	49.02	48.62
2 Griffiths, Cerys	13	HAVY	3:09.48 5
43.78	49.29	49.05	47.36
3 Ostrowski, Julia	14	PEMY	3:14.98 4
44.02	49.68	50.92	50.36
4 Dafydd, Iola	14	FISY	3:22.67 3
45.83	53.38	53.01	50.45
5 Murphy, Alys	14	HAVY	3:25.43 2
45.96	52.35	53.47	53.65
6 Francis, Emily-Rose	13	HAVY	3:34.34 1
48.42	55.24	55.93	54.75
7 Blyth, Isobelle	13	HAVY	3:45.70
47.95	58.70	1:01.11	57.94
8 Knight, Cerys	14	HAVY	3:55.27
51.28	59.44	1:03.65	1:00.90
9 Kaill-Franks, Eira	13	FISY	3:59.45
54.76	1:01.61	1:02.64	1:00.44

Event 503 Women 15 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 White, Eleanor R	17	HAVY	3:04.42 6
40.51	47.35	48.10	48.46
2 Thomas, Grace	16	MILY	3:11.56 5
43.30	48.66	50.59	49.01
3 Miles, Megan	15	FISY	3:15.60 4
43.85	50.00	51.23	50.52
4 Beynon, Chloe	16	FISY	3:36.44 3
47.51	56.70	56.88	55.35
--- Peach, Eliza M	15	HAVY	DQ

Event 503 Boys 10 & Under 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
--- Monan, Euan	10	TENY	DQ

Event 503 Boys 11-12 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Smith, Jacob	11	HAVY	3:37.63 6
49.23	57.90	56.73	53.77
2 Crotty, Beau	12	PEMY	3:53.91 5
51.48	1:00.89	1:02.66	58.88
3 Noden, Rory	11	MILY	4:00.89 4
56.71	1:02.52	1:03.33	58.33
4 George, Kieran	12	MILY	4:09.67 3
57.58	1:04.91	1:03.63	1:03.55
--- Weston, Ben	12	PEMY	DQ

Event 503 Boys 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Bennett, Finley	14	HAVY	2:42.56 6
35.43	41.75	43.63	41.75
2 Silverstone, Solomon	13	HAVY	2:57.74 5
38.41	45.76	47.10	46.47
3 Hall, Ethan	13	FISY	3:19.14 4
42.85	51.90	53.00	51.39
4 Harris, Osian	14	FISY	3:21.28 3
44.91	51.58	52.99	51.80

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Results - Session 5 (Warmup 11.45 - 12.35)

(Event 503 Boys 13-14 200 SC Meter Breaststroke)

Name	Age	Team	Finals Time	
5 Peach, Henry	13	HAVY	3:26.07	2
45.42	53.79	53.82	53.04	
6 Peach, Olly	13	HAVY	3:33.25	1
48.00	55.48	55.33	54.44	
--- Griffiths, Evan	14	HAVY		DQ

Event 504 Boys 13 & Under 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 HAVY	A	2:09.53
1) Smith, Benjamin 13	2) Smith, Jacob 11	
3) Thomas, Rhys 12	4) Silverstone, Solomon 13	
32.17	34.43	34.98
		27.95
2 PEMY	A	2:29.68
1) Evans, Wolfgang 9	2) Weston, Ben 12	
3) Shelmerdine, Cory 13	4) Morgan, Ben 13	
42.30	40.96	35.15
		31.27
3 MILY	A	2:31.34
1) George, Kieran 12	2) Thomas, Tristan 12	
3) Noden, Rory 11	4) Davies, Tyler 12	
40.54	43.55	33.58
		33.67
4 HAVY	B	2:35.73
1) Peach, Olly 13	2) Knight, Tom 12	
3) Peach, Henry 13	4) Harwood, Jack 12	
38.39	44.60	38.74
		34.00
5 FISY	A	2:46.70
1) Backen, Frederick 11	2) Fogerty, Oliver 11	
3) Bowen, Cai 11	4) Hall, Ethan 13	
45.74	41.93	44.76
		34.27
6 PEMY	B	2:57.60
1) Treinis, Lucian 9	2) Hearne, Logan 8	
3) Crotty, Beau 12	4) Prevel, Sebastian 12	
42.69	44.46	45.32
		45.13
7 HAVY	C	3:20.29
1) Bool, Iolo 9	2) David, Ioan 11	
3) Phillips, Lucas 12	4) Murphy, Ifan 9	
48.63	43.19	43.93
		1:04.54

Event 505 Boys 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 HAVY	A	1:45.52
1) Montgomery, Samuel 15	2) Montague, Mason 15	
3) Lewis, Matthew D 38	4) Robinson, Ellis 18	
26.37	27.02	26.20
		25.93
2 HAVY	B	1:51.95
1) Mason, Alex 31	2) Bennett, Finley 14	
3) Griffiths, Harry 15	4) Fletcher, Owen 16	
27.86	27.91	29.07
		27.11
3 FISY	A	1:54.14
1) West, Dexter 14	2) Harris, Osian 14	
3) Backen, Henry 15	4) West, Zac 17	
28.12	30.33	29.64
		26.05
4 MILY	A	2:07.08
1) Davies, Gethin 14	2) Patterson, Ollie 13	
3) Lewis, Callum 14	4) Lloyd-Roberts, Rhys 16	
30.64	34.45	33.48
		28.51