

**Pembrokeshire County Championships 2022 - 22/10/2022 to 23/10/2022**

Sanction #: 3WL221066

**Results - session 6 - Warmup 2.20 - 3.05****Event 37 Boys 12 & Under 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Fishguard Flyers	A	NT	3:04.53	
1) Adams, Noah 12 44.02 56.56 41.29	2) Miles, Gethin 12 42.66	3) Hall, Ethan 12	4) Robinson, Oshan 11	
2 Haverfordwest	B	3:07.13	3:04.64	
1) Lewis, Iestyn 10 50.39 45.77 1:28.48	2) Peach, Olly 12	3) Smith, Jacob 10	4) Harwood, Jack 11	
3 Milford Haven	A	3:25.09	3:17.80	
1) Noden, Rory 10 45.93 55.80 50.59	2) Davies, Tyler 11 45.48	3) Patterson, Ollie 12	4) Phillips, Henry 11	
4 Haverfordwest	C	NT	3:55.34	
1) Petrie, Jaden 11 53.66 1:01.93 1:11.69	2) Phillips, Lucas 11 48.06	3) Knight, Tom 11	4) Thomas, Harry 11	
5 Pembroke & District Asc	B	NT	4:41.02	
1) George, Kieran 11 1:20.11	2) Cross, Oliver 9 1:03.76	3) Evans, Wolfgang 8	4) Weston, Ben 11	
--- Pembroke & District Asc	A	NT	DQ	
1) Harris, Toby 12 48.72 1:14.52 40.03	2) Twynham, Phillip 12 41.23	3) Morgan, Ben 12	4) Shelmerdine, Cory 12	
--- Haverfordwest	A	2:41.40	DQ	
1) Silverstone, Sol 12 34.52 46.41 42.44	2) Peach, Henry 12 39.09	3) Smith, Benjamin 12	4) Thomas, Rhys 11	

**Event 38 Girls 12 & Under 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:22.25	2:22.36	
1) Nichols, Grace 12 31.73 42.19 36.09	2) Montague, Keira 12 32.35	3) Griffiths, Cerys 12	4) Galdes Cutting, Daisy 11	
2 Fishguard Flyers	A	NT	2:44.58	
1) Griffiths, Amelia 11 42.48	2) Curtis, Tabitha 10 36.25	3) Stark, Tala 12	4) Dafydd, Mali 12	
3 Haverfordwest	B	2:56.86	2:54.73	
1) Blyth, Isobelle 12 44.93 49.28 46.06	2) Puglia-Walburg, Penelope 11 34.46	3) Thompson, Freya 12	4) Mason, Phoebe 12	
4 Tenby	A	NT	3:00.67	
1) Griffiths, Ffion 11 45.30 1:39.12 36.17	2) Monan, Sofia 11 0.08	3) Page, Jessica 12	4) Morgan, Lily 11	
5 Milford Haven	A	2:57.11	3:08.21	
1) Williams, Ffion 12 50.45 55.22 38.99	2) McFarlane, Una 11 43.55	3) Dash, Amelie 10	4) Kenny, Jemima 11	
6 Fishguard Flyers	B	NT	3:11.23	
1) Penfold, Robyn 11 57.57 48.14 43.97	2) Kaill-Franks, Eira 12 41.55	3) Cooper, Daisy 11	4) Thomas, Angharad 12	
7 Fishguard Flyers	C	NT	3:16.70	
1) Penfold, Freya 11 54.51 54.30 48.97	2) Kaill-Franks, Nia 10 38.92	3) Hall, Ellena 11	4) Elcock, Freya 12	
8 Haverfordwest	C	3:30.50	3:26.51	
1) Thomas, Leah 11 53.15	2) Francis, Emily-Rose 12 47.06	3) Doncaster, Lily S 12	4) David, Emily 11	
9 Pembroke & District Asc	A	NT	3:30.63	
1) Moseley, Emily 12 57.01 1:10.57 44.90	2) Dyde, Pheobe 10 38.15	3) Bruce, Keira 12	4) Lyseight-Jones, Indya 10	
10 Haverfordwest	D	NT	3:30.73	
1) Cambell, Autumn R 12 44.81 1:04.21 58.21	2) Montgomery, Sofia 10 43.50	3) Lewis, Evie 9	4) Howell, Sophie 11	
11 Fishguard Flyers	D	NT	3:36.10	
1) Griffiths, Elizabeth 10 53.71 57.15 1:45.24	2) Couzens, Sibylla 11	3) Hall, Isabelle 11	4) Scott, Georgia 10	

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Team	Relay	Seed Time	Finals Time	Points
12 Pembroke & District Asc	B	NT	4:26.21	
1) Parker, Calleigh 10	2) Hounsell, Isla 10	3) Morgan, Iolah 8	4) John, Rebekah 11	
1:23.15 1:01.32 1:18.81	42.93			
--- Pembroke & District Asc	C	NT	DQ	
1) Dennison, Chloe 8	2) Dyde, Bethan 6	3) Harvey, Olivia 7	4) Shelmerdine, Holly 8	
1:16.62 21.29 2:08.67	2:27.52			
--- Haverfordwest	E	NT	DQ	
1) Phillips, Isabelle 9	2) Lewis, Roisin 10	3) Mason, Ezmee 9	4) Griffiths, Scarlet 10	
54.87 1:01.26 1:27.56	50.94			

**Event 39 Boys 14 & Under 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	1:58.40	2:06.57	
1) Montgomery, Sammy 14	2) Montague, Mason 14	3) Prysor, Sami 14	4) Silverstone, Sol 12	
30.21 35.03 31.05	30.28			
2 Fishguard Flyers	A	NT	2:29.37	
1) Harris, Osian 13	2) Backen, Henry 14	3) West, Dexter 13	4) Stark, James 14	
41.64 42.37 32.47	32.89			
3 Milford Haven	A	NT	2:59.88	
1) Tytler, Leo 14	2) Santos, Liam 13	3) Davies, Gethin 13	4) Lewis, Callum 13	
45.09 50.94 43.75	40.10			

**Event 40 Girls 14 & Under 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:13.92	2:19.72	
1) Gilderdale, Celyn 14	2) Hanna, Jazmine 14	3) Devonald, Niamh 14	4) Thomas, Rhian 14	
34.78 41.44 31.56	31.94			
2 Milford Haven	A	2:34.35	2:35.97	
1) Dash, Amelie 10	2) Marsh, Nina 14	3) Arnold, Lily 14	4) Armstrong, Holly 14	
38.32 42.96 34.07	40.62			
3 Pembroke & District Asc	A	NT	2:41.95	
1) Clifford, Hannah 12	2) Ostrowski, Julia 13	3) Bruce, Skye 13	4) Bruce, Keira 12	
44.05 42.21 39.66	36.03			
4 Haverfordwest	B	2:17.02	2:46.99	
1) Murphy, Alys 13	2) Green, Matilda 13	3) Peach, Eliza M 14	4) Knight, Cerys 13	
46.04 45.54 39.69	35.72			
5 Haverfordwest	C	NT	2:48.79	
1) Green, Ellie 14	2) Hanna, Shelby 13	3) Harwood, Amelia 14	4) Gobbi, Roma 13	
42.90 46.85 42.97	36.07			
--- Pembroke & District Asc	B	NT	DQ	
1) Oliver, Rosie 13	2) Lammin, Alesha 13	3) Hounsell, Amellie 13	4) Cunningham, Ellie-May 13	
40.45 1:05.04 1:40.37				

**Event 41 Boys 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Pembroke & District Asc	A	NT	2:01.30	
1) Fitzsimmons, Arron 17	2) Bevan, Sion 23	3) Morgan, Jack 15	4) Hillary, Ben 16	
31.00 33.48 31.88	24.94			
2 Haverfordwest	A	1:52.34	2:02.68	
1) Andrews, Rory 17	2) Lewis, Matthew D 37	3) Fletcher, Owen 15	4) Robinson, Ellis 17	
32.58 32.77 31.04	26.29			
3 Fishguard Flyers	A	NT	2:10.12	
1) West, Zac 16	2) Schmidt, Hans 17	3) West, Dexter 13	4) Scott, Andrew 16	
34.09 34.23 33.00	28.80			
4 Haverfordwest	B	1:55.45	2:11.35	
1) Rowland-Higgins, Issac 19	2) Thomson, Jacob 15	3) Prysor, Sami 14	4) MacDougall, Ben J 19	
37.32 37.94 28.10	27.99			

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**Results - session 6 - Warmup 2.20 - 3.05****Event 42 Girls 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:08.06	2:15.39	
1) Webb, Saskia 15 37.51 35.44 33.68	2) Lewis, Caera 16 28.76	3) Goddard, Evie E 15	4) White, Eleanor R 16	
2 Fishguard Flyers	A	NT	2:17.10	
1) Miles, Megan 14 37.29 36.85 33.60	2) Lewis, Rachael E 17 29.36	3) Kovachev, Georgie 15	4) Clapham, Rhiannon m 17	
3 Haverfordwest	B	NT	2:27.64	
1) John, Lucy 16 38.79 38.96 36.68	2) John, Holly 15 33.21	3) Knowles, Amy A 15	4) Hale, Chloe 16	
4 Pembroke & District Asc	A	NT	2:36.66	
1) Rice, Lily 18 40.40 41.42 38.62	2) Lee, Georgia 17 36.22	3) Evans, Marilla 15	4) Moseley, Sophie 15	

**Event 43 Boys 12 & Under 200 SC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:13.98	2:24.32	
1) Smith, Benjamin 12 35.88 39.51 37.54	2) Thomas, Rhys 11 31.39	3) Smith, Jacob 10	4) Silverstone, Sol 12	
2 Fishguard Flyers	A	NT	2:44.96	
1) Adams, Noah 12 40.55 47.15 38.14	2) Robinson, Oshan 11 39.12	3) Miles, Gethin 12	4) Hall, Ethan 12	
3 Haverfordwest	C	NT	3:23.07	
1) Petrie, Jaden 11 48.94 50.08 54.41	2) Thomas, Harry 11 49.64	3) Phillips, Lucas 11	4) Knight, Tom 11	
--- Pembroke & District Asc	A	NT	DQ	
1) Twynham, Phillip 12 48.24 42.80 37.81	2) Shelmerdine, Cory 12 38.40	3) Harris, Toby 12	4) Morgan, Ben 12	
--- Haverfordwest	B	NT	DQ	
1) Peach, Henry 12 36.97 41.18 40.44	2) Lewis, Iestyn 10 39.20	3) Harwood, Jack 11	4) Peach, Olly 12	
--- Milford Haven	A	2:59.91	DQ	
1) Davies, Tyler 11 39.37 54.49 39.11	2) Phillips, Henry 11 45.46	3) Patterson, Ollie 12	4) Noden, Rory 10	
--- Pembroke & District Asc	B	NT	DQ	
1) Crotty, Beau 11 1:00.12 1:01.36 2:07.55	2) Cross, Oliver 9	3) George, Kieran 11	4) Evans, Wolfgang 8	

**Event 44 Girls 12 & Under 200 SC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:11.28	2:08.16	
1) Galdes Cutting, Daisy 11 31.87 34.35 32.00	2) Montague, Keira 12 29.94	3) Griffiths, Cerys 12	4) Nichols, Grace 12	
2 Fishguard Flyers	A	NT	2:23.48	
1) Griffiths, Amelia 11 35.44 36.88 36.39	2) Curtis, Tabitha 10 34.77	3) Dafydd, Mali 12	4) Stark, Tala 12	
3 Tenby	A	NT	2:35.44	
1) Page, Jessica 12 35.48 41.57 40.56	2) Graham, Fallon 10 37.83	3) Griffiths, Ffion 11	4) Morgan, Lily 11	
4 Fishguard Flyers	B	NT	2:39.13	
1) Cooper, Daisy 11 40.25 38.86 43.81	2) Hall, Isabelle 11 36.21	3) Thomas, Angharad 12	4) Hall, Ellena 11	
5 Milford Haven	A	2:38.20	2:46.23	
1) Dash, Amelie 10	2) McFarlane, Una 11	3) Kenny, Jemima 11	4) Williams, Ffion 12	
6 Haverfordwest	C	NT	2:55.88	
1) Francis, Emily-Rose 12 44.22 48.28 39.23	2) Thomas, Leah 11 44.15	3) Montgomery, Sofia 10	4) Doncaster, Lily S 12	

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**Results - session 6 - Warmup 2.20 - 3.05****(Event 44 Girls 12 & Under 200 SC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
7 Pembroke & District Asc	A	NT	2:58.72	
1) Moseley, Emily 12	2) Lyseight-Jones, Indya 10	3) Dyde, Pheobe 10	4) Bruce, Keira 12	
48.66 40.19 53.09	36.78			
8 Haverfordwest	D	NT	3:01.32	
1) David, Emily 11	2) Lewis, Roisin 10	3) Lewis, Evie 9	4) Cambell, Autumn R 12	
48.54 1:30.88 41.72	0.18			
9 Fishguard Flyers	C	NT	3:07.42	
1) Kaill-Franks, Eira 12	2) Kaill-Franks, Nia 10	3) Penfold, Robyn 11	4) Elcock, Freya 12	
47.83 47.59 1:32.00				
10 Haverfordwest	E	NT	3:30.24	
1) Mason, Ezmee 9	2) Morgan, Seren 10	3) Phillips, Isabelle 9	4) Howell, Sophie 11	
58.29 53.70 53.63	44.62			
11 Pembroke & District Asc	B	NT	3:40.28	
1) Hounsell, Isla 10	2) John, Rebekah 11	3) Harvey, Olivia 7	4) Morgan, Iolah 8	
57.36 46.94 20.89	1:35.09			
12 Pembroke & District Asc	C	NT	5:12.26	
1) Dennison, Chloe 8	2) Shelmerdine, Holly 8	3) Parker, Calleigh 10	4) Dyde, Bethan 6	
1:12.20 38.72 17.09	3:04.25			
--- Haverfordwest	B	NT	DQ	
1) Blyth, Isobelle 12	2) Puglia-Walburg, Penelope 11	3) Mason, Phoebe 12	4) Thompson, Freya 12	
39.84 40.12 41.07	34.86			
--- Fishguard Flyers	D	NT	DQ	
1) Griffiths, Elizabeth 10	2) Couzens, Sibylla 11	3) Piotrowska, Julia 11	4) Penfold, Freya 11	
49.21	45.23			

**Event 45 Boys 14 & Under 200 SC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	1:56.44	1:53.55	
1) Montgomery, Sammy 14	2) Silverstone, Sol 12	3) Montague, Mason 14	4) Prysor, Sami 14	
26.77 29.98 28.14	28.66			
2 Fishguard Flyers	A	NT	2:13.07	
1) West, Dexter 13	2) Stark, James 14	3) Backen, Henry 14	4) Harris, Osian 13	
31.14 33.80 34.18	33.95			
3 Haverfordwest	B	NT	2:18.00	
1) John, Thomas 13	2) Smith, Benjamin 12	3) Griffiths, Lloyd 13	4) Thomas, Rhys 11	
34.45	38.66			
4 Milford Haven	A	2:29.70	2:40.97	
1) Tytler, Leo 14	2) Santos, Liam 13	3) Lewis, Callum 13	4) Davies, Gethin 13	

**Event 46 Girls 14 & Under 200 SC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:00.17	2:04.37	
1) Devonald, Niamh 14	2) Hanna, Jazmine 14	3) Thomas, Rhian 14	4) Gilderdale, Celyn 14	
31.38 30.87 32.11	30.01			
2 Milford Haven	A	2:12.36	2:15.03	
1) Armstrong, Holly 14	2) Marsh, Nina 14	3) Dash, Amelie 10	4) Arnold, Lily 14	
39.72 32.62 32.48	30.21			
3 Haverfordwest	B	NT	2:19.30	
1) Peach, Eliza M 14	2) Murphy, Alys 13	3) Knight, Cerys 13	4) Green, Matilda 13	
32.95 37.40 36.65	32.30			
4 Tenby	A	NT	2:23.18	
1) Cissold, Bronwyn 14	2) Iddon, Steph 14	3) Morgan, Lily 11	4) Koo, Kathryn 13	
32.85 42.83 36.97	30.53			
5 Haverfordwest	C	NT	2:23.84	
1) Fyfe, Nell 13	2) Harwood, Amelia 14	3) Hanna, Shelby 13	4) Green, Ellie 14	
36.60 35.48 36.23	35.53			

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Team	Relay	Seed Time	Finals Time	Points
--- Pembroke & District Asc	A	NT	DQ	
1) Bruce, Skye 13	2) Clifford, Hannah 12	3) Bruce, Keira 12	4) Ostrowski, Julia 13	
34.52 39.98 37.76	31.50			
--- Pembroke & District Asc	B	NT	DQ	
1) Oliver, Rosie 13	2) Lammin, Alesha 13	3) Cunningham, Ellie-May 13	4) Hounsell, Amellie 13	
48.44 51.77 45.44	33.57			

**Event 47 Boys 200 SC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Pembroke & District Asc	A	NT	1:45.69	
1) Bevan, Sion 23	2) Morgan, Jack 15	3) Fitzsimmons, Arron 17	4) Hillary, Ben 16	
26.20 28.06 26.34	25.09			
2 Haverfordwest	A	1:43.16	1:48.82	
1) Lewis, Matthew D 37	2) Andrews, Rory 17	3) Robinson, Ellis 17	4) Fletcher, Owen 15	
26.67 27.66 26.54	27.95			
--- Haverfordwest	B	NT	DQ	
1) MacDougall, Ben J 19	2) Rowland-Higgins, Issac 19	3) Thomson, Jacob 15	4) Prysor, Sami 14	
27.93 27.56 28.97	26.57			

**Event 48 Girls 200 SC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Fishguard Flyers	A	NT	2:00.73	
1) Lewis, Rachael E 17	2) Kovachev, Georgie 15	3) Miles, Megan 14	4) Clapham, Rhiannon m 17	
28.99 31.00 32.18	28.56			
2 Haverfordwest	A	1:57.38	2:01.98	
1) Lewis, Caera 16	2) John, Holly 15	3) Knowles, Amy A 15	4) White, Eleanor R 16	
30.03 29.28 34.07	28.60			
3 Haverfordwest	B	NT	2:07.69	
1) John, Lucy 16	2) Phillips, Ellie R 15	3) Webb, Saskia 15	4) Goddard, Evie E 15	
33.42 31.91 31.11	31.25			
4 Pembroke & District Asc	A	NT	2:17.63	
1) Rice, Lily 18	2) Moseley, Sophie 15	3) Evans, Marilla 15	4) Lee, Georgia 17	
35.71 36.87 33.42	31.63			

**Event 49 Mixed 12 & Under 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:27.05	2:29.51	
1) Nichols, Grace W12	2) Silverstone, Sol M12	3) Smith, Benjamin M12	4) Galdes Cutting, Daisy W11	
32.67 41.36 43.25	32.23			
2 Haverfordwest	B	2:59.01	2:41.36	
1) Thomas, Rhys M11	2) Peach, Henry M12	3) Griffiths, Cerys W12	4) Montague, Keira W12	
44.32 46.34 36.00	34.70			
3 Haverfordwest	C	NT	2:49.45	
1) Blyth, Isobelle W12	2) Peach, Olly M12	3) Thompson, Freya W12	4) Smith, Jacob M10	
45.68 46.88 1:16.89				
4 Fishguard Flyers	A	NT	2:50.29	
1) Stark, Tala W12	2) Hall, Ethan M12	3) Dafydd, Mali W12	4) Adams, Noah M12	
	42.74 42.22			
5 Pembroke & District Asc	A	NT	2:52.90	
1) Bruce, Keira W12	2) Harris, Toby M12	3) Morgan, Ben M12	4) Lyseight-Jones, Indya W10	
41.66 49.27 18.45	1:03.52			
6 Milford Haven	A	3:16.79	3:05.18	
1) Patterson, Ollie M12	2) Williams, Ffion W12	3) Dash, Amelie W10	4) Davies, Tyler M11	
48.51 58.92 39.06	38.69			
7 Fishguard Flyers	B	NT	3:12.93	
1) Griffiths, Amelia W11	2) Miles, Gethin M12	3) Hall, Ellena W11	4) Robinson, Oshan M11	
43.52 58.40 46.74	44.27			

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Team	Relay	Seed Time	Finals Time	Points
8 Haverfordwest	D	NT	3:19.54	
1) Doncaster, Lily S W12	2) Puglia-Walburg, Penelope W11	3) Lewis, Iestyn M10	4) Harwood, Jack M11	
50.54 50.17 58.09	40.74			
9 Haverfordwest	F	NT	3:44.28	
1) Thomas, Leah W11	2) Phillips, Lucas M11	3) Howell, Sophie W11	4) Thomas, Harry M11	
1:54.18 59.77 50.33				
10 Pembroke & District Asc	C	NT	4:25.83	
1) Evans, Wolfgang M8	2) Hounsell, Isla W10	3) Morgan, Iolah W8	4) Crotty, Beau M11	
56.85 1:15.19 2:13.79				
11 Pembroke & District Asc	B	NT	4:35.71	
1) Weston, Ben M11	2) Shelmerdine, Cory M12	3) Dyde, Pheobe W10	4) Dyde, Bethan W6	
1:01.19	1:37.75			
--- Haverfordwest	E	NT	DQ	
1) Petrie, Jaden M11	2) Knight, Tom M11	3) Mason, Phoebe W12	4) Cambell, Autumn R W12	
55.72 57.10 55.71	41.40			
--- Pembroke & District Asc	D	NT	DQ	
1) Shelmerdine, Holly W8	2) Hearne, Logan M7	3) Harvey, Olivia W7	4) Treinis, Lucian M8	
1:00.34 1:09.87 1:31.90	1:11.21			

**Event 50 Mixed 14 & Under 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Haverfordwest	A	2:11.52	2:13.78	
1) Gilderdale, Celyn W14	2) Montague, Mason M14	3) Prysor, Sami M14	4) Thomas, Rhian W14	
34.99 35.57 31.07	32.15			
2 Haverfordwest	B	NT	2:14.09	
1) Montgomery, Sammy M14	2) Hanna, Jazmine W14	3) Devonald, Niamh W14	4) John, Thomas M13	
29.58 41.92 32.51	30.08			
3 Fishguard Flyers	A	NT	2:31.84	
1) Harris, Osian M13	2) Curtis, Tabitha W10	3) West, Dexter M13	4) Stark, Tala W12	
39.46 46.49 31.47	34.42			
4 Tenby	A	NT	2:32.74	
1) Cissold, Bronwyn W14	2) Jones, Jack M13	3) Koo, Kathryn W13	4) Gottwaltz, Euan M13	
38.44 51.27 30.72	32.31			
5 Pembroke & District Asc	A	NT	2:36.75	
1) Bruce, Skye W13	2) Ostrowski, Julia W13	3) Morgan, Ben M12	4) Harris, Toby M12	
38.45 42.64 39.81	35.85			
6 Milford Haven	A	2:23.31	2:37.51	
1) Marsh, Nina W14	2) Davies, Gethin M13	3) Arnold, Lily W14	4) Tytler, Leo M14	
38.55 46.28 34.72	37.96			
7 Haverfordwest	C	NT	3:02.23	
1) Murphy, Alys W13	2) Griffiths, Lloyd M13	3) Peach, Eliza M W14	4) Smith, Benjamin M12	
46.43 57.72 40.38	37.70			
--- Fishguard Flyers	B	NT	DQ	
1) Cooper, Daisy W11	2) Dafydd, Iola W13	3) Stark, James M14	4) Adams, Noah M12	
46.87 44.98 40.20	38.00			

**Event 51 Mixed 200 SC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Fishguard Flyers	A	NT	1:59.27	
1) West, Zac M16	2) Schmidt, Hans M17	3) Lewis, Rachael E W17	4) Clapham, Rhiannon m W17	
28.69 31.69 30.49	28.40			
2 Haverfordwest	A	2:03.41	2:08.05	
1) Fletcher, Owen M15	2) Lewis, Matthew D M37	3) White, Eleanor R W16	4) Lewis, Caera W16	
33.92 33.53 30.89	29.71			
3 Pembroke & District Asc	A	NT	2:13.89	
1) Evans, Marilla W15	2) Bevan, Sion M23	3) Hillary, Ben M16	4) Lee, Georgia W17	
40.28 33.72 28.35	31.54			

**Pembrokeshire County Championships 2022 - 22/10/2022 to 23/10/2022****Sanction #: 3WL221066****Results - session 6 - Warmup 2.20 - 3.05****(Event 51 Mixed 200 SC Meter Medley Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
4 Haverfordwest	D	NT	2:16.30	
1) Rowland-Higgins, Issac M19	2) John, Holly W15	3) Phillips, Ellie R W15	4) Montgomery, Sammy M14	
36.90 38.63 34.85	25.92			
5 Haverfordwest	C	NT	2:17.44	
1) John, Lucy W16	2) Thomson, Jacob M15	3) Webb, Saskia W15	4) Robinson, Ellis M17	
38.25 38.21 33.85	27.13			
6 Haverfordwest	B	NT	2:23.72	
1) Andrews, Rory M17	2) MacDougall, Ben J M19	3) Knowles, Amy A W15	4) Goddard, Evie E W15	
33.79 38.53 39.86	31.54			
7 Milford Haven	A	2:19.29	2:24.02	
1) Arnold, Lily W14	2) Belanger, Jayden M15	3) Thomas, Grace W15	4) Davies, Gethin M13	
37.71 38.59 17.15	50.57			
8 Fishguard Flyers	B	NT	2:25.49	
1) Miles, Megan W14	2) Backen, Henry M14	3) Kovachev, Georgie W15	4) Scott, Andrew M16	
38.96 43.72 33.31	29.50			
9 Pembroke & District Asc	B	NT	2:29.35	
1) Fitzsimmons, Arron M17	2) Moseley, Sophie W15	3) Morgan, Jack M15	4) Rice, Lily W18	
31.84 49.82 1:07.69				