



Pembrokeshire County Swimming
CLOSED CHAMPIONSHIPS 2022
(Licensed Meet)

Sponsored By



Saturday 22nd & Sunday 23rd October 2022

Haverfordwest Leisure Centre

License No: 3WL221066

Closing Date: Friday 23rd September 2022



Fishguard
Flyers





Pembrokeshire County Swimming

Closed Championships 2022

(Licensed Meet)

Saturday 22nd & Sunday 23rd October 2022

At

Haverfordwest Leisure centre

25 Metre pool, Electronic timing

No Times Required

Boys + Girls (age as of 23rd October)

10/U, 11/12 13/14, 15/OV

50m + 100m + 200m All HDW

200m IM qualify for SKINS Final

All Relays are 200m (4 x 50m) HDW

MEDAL PLACES: 1st, 2nd & 3rd

Individual Prizes for SKINS EVENT

AWARD FOR TOP CLUB

Individual Events: £5 per event

Relay Events: Free entry

Closing Date: Friday 23rd September 2022



Pembrokeshire County Swimming CLOSED CHAMPIONSHIPS 2022

Warm up: 8:00am, Start 9:00am.

Programme of Events:

Saturday 22 nd October	Sunday 23 rd October
Session 1	Session 4
1/2) Girls/Boys 200 Backstroke 3/4) Girls/Boys 50 Butterfly 5/6) Girls/Boys 100 Breaststroke 7/8) Girls/Boys 400 Freestyle	21/22) Girls/Boys Senior Skins Final for 200 IM 23/24) Girls/Boys 200 Butterfly 25/26) Girls/Boys 100 Individual Medley 27/28) Girls/Boys 100 Freestyle
Session 2	Session 5
9/10) Girls/Boys 200 Individual Medley 11/12) Girls/Boys 50 Backstroke 13/14) Girls/Boys 100 Butterfly	29/30) Girls/Boys 200 Freestyle 31/32) Girls/Boys 100 Backstroke 33/34) Girls/Boys 50 Breaststroke 35/36) Girls/Boys 400 Individual Medley
Session 3	Session 6
15/16) Girls/Boys Jr Skins final for 200 IM 17/18) Girls/Boys 200 Breaststroke 19/20) Girls/Boys 50 Freestyle	37/38) Girls/Boys 12/U 4x50 Medley Relay 39/40) Girls/Boys 14/U 4x50 Medley Relay 41/42) Girls/Boys Open 4x50 Medley Relay 43/44) Girls/Boys 12/U 4x50 Freestyle Relay 45/46) Girls/Boys 14/U 4x50 Freestyle Relay 47/48) Girls/Boys Open 4x50 Freestyle Relay 49/50) Mixed 12/U 4x50 Medley Relay 51/52) Mixed 14/U 4x50 Medley Relay 53/54) Mixed Open 4x50 Medley Relay

Pembrokeshire County Swimming reserve the right to amend the order of events if necessary.



**Pembrokeshire County Swimming
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Payment Summary Sheet

Please complete the following payment Summary sheet and return entries.

Club: _____

Contact Name and Telephone Number: _____

Email Address: _____

	Number		
Total Entries for BOYS		@ £5.00	£
Total Entries for GIRLS		@ £5.00	£
Total Amount Enclosed			£

**Return to: Rob Williams,
Email: robwilliams1145@gmail.com
Please also CC pcs.galas@gmail.com**

**Payment to be made via BACS
Sort Code 40-36-24 Account Number 01472119
Account Name Pembrokeshire County Swimming**



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Poolside Pass Application Form

Please note that all applications for poolside passes from Coaches, Team Managers, and Poolside Helpers etc, must be accompanied by a Swim Wales or ASA Membership Number and a current DBS number.

Please complete in BLOCK CAPITALS.

Full Name:
Name of Club:
Position (e.g. Team Manager):
Address:
.....
Postcode:
Telephone Number:
SWIM WALES / ASA Membership No:
CRB Number: Date of Issue:
E-mail Address: -

A maximum of 4 coaches allowed on poolside.

Passes will not be authorised on the day.

**Please return with entries to:
Email: robwilliams1145@gmail.com**



Pembrokeshire County Swimming

Closed Championships 2022

Competition rules and conditions

- 1). All events are HDW. Over the top starts may be used.
- 2). All swimmers must be members of Pembrokeshire County Swimming + their home club (H/West, Tenby, Milford, Fishguard or Pembroke).
- 3). Entries will be seeded slowest to fastest from submitted times.
- 4). NO late entries will be accepted.
- 5). Swimmers must report to Marshalling Area on poolside.
- 6). No refunds will be given unless provided by a doctor's certificate.
- 7). Only 4 club Coach/TM on poolside and must hold a pass which can be authorised prior to meet.
- 8). Swimmers must have attained the standard of competitive Start Award in order to start from the blocks (this is the responsibility of the club coach).
- 9). Swimmers who have not attained the standard must lower themselves over the side into the water, on the long whistle of the referee before starting at an appropriate place.
- 10). When a competition involves children under the age of 18 years of age it is a mandatory meet license requirement that all persons (including competitors/ officials / volunteers / spectators), wishing to engage in any kind of photographic activity including video, zoom, close range photography, irrespective of the nature of the device / equipment used for taking / recording such images must register their details with the event management in advance of taking any images.

This includes; but is not limited to:
Still Cameras, Cine Cameras, Video Cameras, Camera /
Video enabled mobile phones and Camera enabled PDA's

Proof of identity is required to register any photographic / video equipment.
Please see below for the policy in full.
- 11). Jewellery for safety and security reasons is not permitted while in the water during warm up, swim down or competition, Pembrokeshire County Swimming will not be responsible for any jewellery lost or

damaged during the competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings.

12). All participants must observe the safety precautions in operation at Haverfordwest Leisure Centre. Pembrokeshire County Swimming will not be responsible for any loss or damage occurring during this meet.

13). Any matters concerning the meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the promoter. The promoter reserves the right to amend the Meet rules at their discretion.

14). Unacceptable behaviour

Behaviour becomes “unacceptable” when it is considered “offensive” to others; this includes, but is not limited to the following:

Theft, wilful damage to property or equipment, acts of vandalism, abuse of alcohol or drugs, bullying, offensive language, aggressive/violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions or directions and actions that bring the sport of swimming into disrepute.

15) All Clubs are asked to provide 3 officials per session in order for the meet to be run to the license requirements.

16) Spectators will be allowed for this event as it stands. £2 per session. £5 per day. £8 weekend pass.

The following is adopted from Swim Wales.

Please be advised that photographs and videos may be taken at this event. Swim Wales & PCS are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned. The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team. PCS & affiliated clubs may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts, and possibly the local press. Should you wish to refuse photographic permission please contact the event management team on site. The full swim Wales photography guidance policy can be found on the Swim Wales website.

Streaming and social media:

The event may be streamed. The link for streaming will be available prior to the sessions. The stream will start at the beginning of each session over the event. Please behave in a manner that has a positive reflection on you and your club.

Pembrokeshire County Swimming would like to thank all the sponsors that have helped this event. Full details of each company will be published in the weekends meet programme.

Event Main Sponsor



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A big thankyou to all that have supported this event.